

**\*\*PLEASE NOTE: Registration is required for ALL programs unless otherwise indicated.**

- You must pre-register by phone; call 716-683-5959 to register.
- Registration is limited to two programs/month. To sign up for additional programs, you will be added to the waitlist.
- If you call after business hours, we will call back confirming your registration or waitlist status. **PLEASE SPEAK CLEARLY** when leaving your name and phone number. Unless you receive a callback, you are not registered.
- We are unable to accommodate organized groups (scouts, schools, hiking clubs, etc.) at our public programs. Please see <https://reinsteinwoods.org> for information on scheduling group tours.
- **We welcome those who have any type of physical challenge to all our programs. If you call ahead to let us know your needs, we will be happy to learn how we can serve you.**

## JUNE

**Saturday, June 6 at 9:00 AM: MORNING FOREST BATHING**

Immerse yourself in the sensations of nature as we take a walk to promote ease in our minds and bodies. **For ages 12 and older. \*\***

**Saturday, June 6 at 10:00 AM: ID-ING INVASIVES**

Learn about the invasive plant species of Western New York and how to identify them, followed by a walk to test your skills! **\*\***

**Saturday, June 6 at 11:00 AM: WOODS WALK: NATURE GUIDE'S CHOICE**

Join a guided nature walk through the woods. **No registration required.**

**Wednesday, June 10 at 10:00 AM: SENIOR SAUNTER**

Experience nature at your own pace and enjoy a leisurely hour-long guided walk through the woods. **For adults only. \*\***

**Saturday, June 13 from 10:00 AM to 2:00 PM: GET OUTDOORS & GET TOGETHER DAY**

Explore new outdoor skills like birding or archery. Enjoy guided walks, face painting, nature play, and more! Food trucks will be on-site for lunch. For more information, visit <https://reinsteinwoods.org> or call 716-683-5959. **No registration required for this free event.**

**Thursday, June 18 at 2:00 PM: VIRTUAL TALK: THE MOST DELICIOUS SOLUTION**

What if one of the most effective climate solutions was also one of the most delicious? Let's dig into the latest science on how our food system—and food waste—impact the environment. We'll talk about all things needed to cook up joy in a sustainable kitchen.

**Registration required; register online at <https://reinsteinwoods.org/events/>.**

**Saturday, June 20 at 9:30 AM: FRIENDS OF REINSTEIN WOODS SUMMER SOLSTICE WALK**

Join us for a delightful morning solstice walk at Reinstein Woods! For Friends members and their guests only. Not a member yet? Join at <https://reinsteinwoods.org/join/>. **Registration required; email [info@reinsteinwoods.org](mailto:info@reinsteinwoods.org) or call 716-683-5959.**

**Saturday, June 20 at 10:00 AM: SUMMER WELCOME WALK**

If you are new to Reinstein Woods, or want to bring a friend who's never visited, this walk is for you! **No registration required.**

**Saturday, June 20 at 1:00 PM: WOODS WALK: INTRODUCTION TO REINSTEIN WOODS**

Learn about the history of Reinstein Woods, as well as anything we may see out along the trails. **No registration required.**

**Friday, June 26 at 10:00 AM: PLANTING FOR POLLINATORS**

Celebrate National Pollinator Week with pollinator awareness and a planting project in our Woodland Garden! **For adults only. \*\***

**Saturday, June 27 at 10:30 AM: LGBTQ+ FAMILIES DAY**

Celebrate Pride Month with some fun trailside games for all ages. Register with your family—found, formed, and chosen—or come on your own to make new friends! **\*\***

**Saturday, June 27 at 2:00 PM: NOXIOUS PLANTS**

There are many plants that are not good for humans to interact with. They may be poisonous, make us itch with a rash, or just make us sick. We'll take a walk through the woods and see what we can find (but not touch!). **For ages 12 and older. \*\***

**Tuesday, June 30 at 8:30 PM: FIREFLY WALK**

Experience the bioluminescent world of fireflies on this guided walk. **\*\***

## JULY

### **Tuesday, July 7 at 8:30 PM: FIREFLY WALK FOR KIDS**

Experience the bioluminescent world of fireflies on this family-friendly guided walk. \*\*

### **Wednesday, July 8 at 10:00 AM: SENIOR SAUNTER**

Experience nature at your own pace and enjoy a leisurely hour-long guided walk through the woods. **For adults only.** \*\*

### **Wednesday, July 8 at 8:00 PM: FIREFLY WALK**

Enjoy a spectacular show as these amazing creatures light up the night on this guided walk. \*\*

### **Saturday, July 11 from 11:00 AM to 4:00 PM: FRIENDS OF REINSTEIN WOODS ARTISAN MARKET**

Join us for shopping along the trails at Reinstein Woods! We'll have more than 45 different vendors selling handmade soaps and candles, jewelry, fine woodwork, honey, and other handcrafted items. There will be food trucks, kid activities, and a fun basket raffle. Admission is free, but donations are appreciated. Rain or shine event. **For more information, visit <https://reinsteinwoods.org>.**

### **Tuesday, July 14 at 8:30 PM: FIREFLY WALK**

Experience the bioluminescent world of fireflies on this guided walk. \*\*

### **Saturday, July 18 at 11:00 AM: WOODS WALK: NATURE GUIDE'S CHOICE**

Join a guided nature walk through the woods. **No registration required.**

### **Saturday, July 18 at 5:00 PM: NATURE TRIVIA NIGHT**

Join us for nature and Reinstein Woods-based trivia! You can sign up solo or as a team. Snacks provided. **For ages 12 and older.** \*\*

### **Sunday, July 19 at 9:30 AM: FRIENDS OF REINSTEIN WOODS MEMBER WALK**

Sip your favorite morning brew as we stroll through the beauty of nature and enjoy time with other Friends members. Not a member yet? Join at <https://reinsteinwoods.org/>. **Registration required; email [info@reinsteinwoods.org](mailto:info@reinsteinwoods.org) or call 716-683-5959.**

### **Tuesday, July 21 at 7:00 PM: SUNSET FOREST BATHING**

End your day immersed in nature as we take a walk to promote ease in our minds, bodies, and emotions. **For ages 12 and older.** \*\*

### **Saturday, July 25 at 10:00 AM: WILDFLOWER WALK**

Search for summer blooms on this guided walk. \*\*

### **Tuesday, July 28–Thursday, July 30 from 9:00 AM to 3:30 PM: SUMMER TEACHER INSTITUTE—SUMMER ECOLOGY SCHOOL**

Expand your knowledge of Western New York's natural world with hands-on field studies. This workshop will feature local research from environmental professionals, provide techniques for incorporating nature into your classroom, and strengthen your confidence in teaching outdoors. **Visit <https://reinsteinwoods.org/explore/programs-services/educator-workshops/> to register.**

### **Tuesday, July 28 at 8:00 PM: GOING BATTY!**

Bats are amazing animals but are often misunderstood. Separate fact from fiction and learn about the only true flying mammals. \*\*

## AUGUST

### **Saturday, August 1 at 11:00 AM: WOODS WALK: NATURE GUIDE'S CHOICE**

Join a guided nature walk through the woods. **No registration required.**

### **Saturday, August 8 at 10:30 AM: STORIES IN THE WOODS**

Enjoy hearing a nature story, followed by a guided walk in the woods. **For children ages 3–7.** \*\*

### **Wednesday, August 12 at 10:00 AM: SENIOR SAUNTER**

Experience nature at your own pace and enjoy a leisurely hour-long guided walk through the woods. **For adults only.** \*\*

### **Saturday, August 15 from 10:00 AM to 1:00 PM: DARE TO REPAIR CAFÉ**

Bring your broken items (lamps, small appliances, etc.) and have volunteer “fixers” try to repair the items for free. This event is designed to reduce waste going into landfills and build a sense of community. **Register at <https://thetoollibrary.org/daretorepair/>.**

### **Saturday, August 15 at 11:00 AM: WOODS WALK: EDIBLE PLANTS**

Join a guided nature walk to identify common wild edible plants along the trails. **No registration required.**

### **Wednesday, August 26 at 10:00 AM: FABULOUS FUNGI**

Join this beginner-friendly walk as we attempt to identify as many mushrooms as possible. **For ages 12 and older.** \*\*

### **Saturday, August 29 at 8:30 PM: FULL MOON WALK**

Join us for a guided walk through the forest at night under the Sturgeon Moon. \*\*