

## FIELD CHECKLIST

BEFORE LEAVING HOME, ENSURE THAT YOU HAVE:

- Sufficient water for complete time in field
- Snacks/food from home
- Comfortable/waterproof field shoes
- Tools/spade/work gloves
- Lightweight long sleeve shirt, tall socks and pants tucked in
- Hat and sunglasses
- Sun block
- Bug spray/treated clothing
- Tick kit/tweezers
- Safety card/programmed emergency numbers in phone
- Monitoring Forms
- Extra writing implements
- Clip Board
- Flagging tape
- Waterproof gear (if needed)
- Cell phone charged fully
- GPS Unit if using (extra batteries)
- Recruited someone to accompany you, or check in and out with
- If you feel ill, please stay home!