**PLEASE NOTE: Registration is required for ALL programs unless otherwise indicated.**

Dress for the weather! In the event of inclement weather, outdoor programs may be canceled. We regret that we cannot accommodate organized youth/civic groups at these programs. Please call to make alternate arrangements for your organization. Programs are free of charge unless otherwise noted. For further information or to register, call Reinstein Woods at 716-683-5959.

*We welcome those who have any type of physical challenge to all of our programs. If you call ahead to let us know your needs, we will be happy to learn how we can serve you.*

**MARCH**

Saturday, March 7 at 11:00 AM
**WOODS WALK: NATURE GUIDE’S CHOICE**
Join a guided nature walk through the woods. *No registration required.*

Saturday, March 7 at 7:00 PM
**OWL PROWL**
Learn about local owls indoors, then venture out on a guided walk to search for owls in the woods. *For adults and children ages 8 and older.**

Monday, March 9 at 7:30 PM
**FULL MOON WALK**
Enjoy a guided walk in the woods by the light of the full moon. **

Wednesday, March 11 from 4:30 to 5:30 PM
**WILD WEDNESDAY**
Together, kids and their parents or caregivers can enjoy a different, fun, hour-long outdoor activity. *For children in grades K-5. No registration required.*

Saturday, March 14 from 2:00 to 4:00 PM
**MAKE A REUSABLE BAG**
Stop in any time with an old t-shirt and we'll help you transform it into a reusable shopping bag! *No registration required; call 716-683-5959 for more information.*

Wednesday, March 18 at 10:00 AM
**SENIOR STROLL**
Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. *For adults only.**

Saturday, March 21 from 10:00 AM to 1:00 PM
**DARE TO REPAIR CAFÉ**
Bring your broken items (lamps, furniture, clothes, etc.) to the repair café and have volunteer “fixers” try to repair the items for free. This event is designed to reduce waste going into landfills and to build community. *For more information, call 716-683-5959 or visit www.reinsteinwoods.org*

Saturday, March 21 at 11:00 AM
**WOODS WALK: NATURE GUIDE’S CHOICE**
Join a guided nature walk through the woods. *No registration required.*

Saturday, March 28 at 10:00 AM
**KNOT-SO-FAST**
Learn how to tie important knots and lashings as well as their common uses. We will also learn how to coil a rope. *For adults and children ages 8 and older.**

**APRIL**

Saturday, April 4 at 10:00 AM
**STORIES IN THE WOODS**
Enjoy hearing a nature story, followed by a guided walk in the woods. *For children ages 3 to 7.**

Saturday, April 4 at 11:00 AM
**WOODS WALK: ARE THEY HERE YET?**
Look for birds arriving during spring migration on this guided walk. *No registration required.*

Tuesday, April 7 at 7:30 PM
**FULL MOON BEAVER HIKE**
Celebrate International Beaver Day under the full moon with a guided walk around the wetlands of Reinstein Woods. **

Wednesday, April 8 from 4:30 to 5:30 PM
**WILD WEDNESDAY**
Together, kids and their parents or caregivers can enjoy a different, fun, hour-long outdoor activity. *For children in grades K-5. No registration required.*

Saturday, April 11 at 10:00 AM
**INTRODUCTION TO NATURE JOURNALING**
Break out the paper and pencils and start your very own nature journal! Learn tips and tricks to sketching in the outdoors. *For adults and children ages 6 and older.**

Saturday, April 11 at 2:00 PM
**INTRODUCTION TO FOREST BATHING**
Welcome the spring with the newest health trend! This walk will focus on the sights, sounds, and smells of the forest to induce relaxation and ease stress. **
APRIL (continued)

Tuesday, April 14 at 1:30 PM
GEOCACHING EGG HUNT
Participants will learn how to use a Global Positioning System (GPS) unit and then use handheld GPS units to find hidden eggs in the preserve. **For children ages 8 and older.**

Wednesday, April 15 at 10:00 AM
SENIOR STROLL
Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. **For adults only.**

Wednesday, April 15 at 1:30 PM
SURVIVAL SHELTERS
Work together with a group to build a traditional, working survival shelter. Then we will deconstruct the shelter according to Leave No Trace principles. **

Thursday, April 16 at 8:00 PM
ADVENTURES IN ASTRONOMY
Enjoy a night under the stars learning about spring constellations and the legends behind them. **For children ages 8 to 15.**

Friday, April 17 at 10:30 AM
BIRDING FOR KIDS
Learn tips for spotting birds in the woods and try out binoculars on a guided walk. **For children ages 6 to 12.**

Saturday, April 18 from 9:00 AM to 1:00 PM
EDUCATOR WORKSHOP: PLAN A FIELD DAY WITH PROJECT WILD
Project WILD—updated in 2018—is an award-winning program to help teachers use wildlife to teach a variety of subjects. Plan an outdoor field day using these activities and create materials for your program. Participants receive a guide with more than 100 lesson plans. **$10 materials fee.**

Saturday, April 18 at 11:00 AM
WOODS WALK: NATURE GUIDE’S CHOICE
Join a guided nature walk through the woods. **

Saturday, April 25 at 9:00 AM
SPRING MIGRATION BIRD HIKE
Learn about the bird migration that is underway and try to find birds that have returned from their winter vacations. We will use eBird to record our sightings. **

Tuesday, April 28 at 5:30 PM
PHRAGMITES STRIKE TEAM TRAINING
Join this team to help monitor and remove an invasive plant threatening Reinstein Woods' wetlands. No experience needed, just a love of nature and a desire to help. **

MAY

Saturday, May 2 from 10:00 AM to 1:00 PM
EARTH DAY IN MAY / I LOVE MY PARK DAY
Keep the Earth Day spirit alive by caring for Reinstein Woods’ trails on I Love My Park Day. Scout groups and other organizations welcome. Refreshments provided. **Registration is required; register online at: [https://www.ptny.org/events/i-love-my-park-day](https://www.ptny.org/events/i-love-my-park-day)

Saturday, May 2 at 11:00 AM
WOODS WALK: BIOMIMICRY
Take a guided walk to learn about ideas we "borrow" from nature. **No registration required.**

Wednesday, May 6 at 8:00 PM
TEACHER APPRECIATION SUNSET STROLL
 Formal and non-formal educators can enjoy a relaxing evening walk to catch the sunset and an almost-full moonrise. **For educators and their plus-one only.**

Thursday, May 7 at 8:00 PM
FULL MOON OWL WALK
Head out during the evening of a full moon on a guided walk through the woods focused on owl ecology. **

Saturday, May 9 at 10:00 AM
BIRDS AND BEANS
Celebrate International Migratory Bird Day with a bird walk followed by a sampling of bird-friendly chocolates and coffee. **Materials fee: $2/free for Friends members.**

Wednesday, May 13 from 4:30 to 5:30 PM
WILD WEDNESDAY
Together, kids and their parents or caregivers can enjoy a different, fun, hour-long outdoor activity. **For children in grades K-5. No registration required.**

Saturday, May 16 at 11:00 AM
WOODS WALK: NATURE GUIDE’S CHOICE
Join a guided nature walk through the woods. No registration required.

Wednesday, May 20 at 10:00 AM
SENIOR STROLL
Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. **For adults only.**

Friday, May 22 through Saturday, May 23
AQUABLITZ
Join field teams led by amateur and professional biologists to try to count as many species as possible within 24 hours at the wetlands of Reinstein Woods. **Registration required for some activities; call 716-683-5959 for more information or to sign up.**

Saturday, May 30 at 11:00 AM
CITIZEN SCIENCE TRAINING: HUMMINGBIRD WATCH
Become a volunteer and learn how to count hummingbirds sipping nectar at feeders and flowers at Reinstein Woods. **For adults only.**