

The Lily Pad



Spring 2019 Newsletter

Check out what is happening at Reinstein Woods this spring!



Earth Week Programs: Events for Adults and Kids!

Adults can honor Earth Day (April 22) by attending a *Home Energy Action Workshop* at Reinstein Woods. The workshop will explore community and residential solar programs and incentives available in Western New York. Participants will also explore home energy efficiency programs and discover practical tips for saving money by conserving energy at home.

For the rest of spring break week (**April 23-26**), tech-loving kids can explore birdwatching, geocaching, solar power, and more at our **Nature Tech series**!

Registration is required; call (716) 683-5959. See the spring program schedule at the end of this newsletter for more details.



Earth Day in May/I Love My Park Day

Join us **Saturday, May 4, at 10 am** to care for our trails and habitats. We'll rake trails, pick up trash, and plant native wildflowers and shrubs. Families, scout troops, and other organizations are encouraged to attend. Friends of Reinstein Woods will provide a light lunch to thank you for your hard work. Let's keep the Earth Day spirit alive by showing our appreciation for the planet in May! **Online registration for this state-wide event will open in April.** Visit www.reinsteinwoods.org.







Owl be seeing you....at one of the eight bird-related programs being offered at Reinstein Woods this spring, including *Owl Ecology* on March 2.

Or, if mammals are more your speed, check out programs on beavers, squirrels, or white-tailed deer. For a botanical twist, join the *Gardening for Monarchs* session in May. There's something for everyone, even "night owls" (check out the *Full Moon Walks*!).

The full program schedule is available at the end of this newsletter. Please call (716) 683-5959 with any questions or to sign up for these awesome programs!



Summer Day Camp Registration Opens Soon!

Another fun summer of camp is just around the corner, and you won't want to miss out on all the excitement in the Woods! Kids entering kindergarten to 8th grade can enjoy a week of exploring the forest, investigating pond life, learning to build survival shelters and discovering wonders of nature all around. For kids ages 8-13 looking for an extra adventure, check out *Nature Expeditions Camp*, where campers explore Evangola State Park, Penn Dixie Fossil Park, and Reinstein Woods.

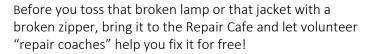
Dates and price information for all camps are now available; online registration will open soon. For more information, visit www.reinsteinwoods.org. You can also get more information about scholarship opportunities by emailing campdirector@reinsteinwoods.org.

Save the Date:



Dare to Repair Cafe

Saturday, June 1 from 10 AM-1 PM



More information about which items can be fixed will be available as the date approaches. To offer your services as a volunteer fixer, call (716) 683-5959.



Get Outdoors! Community Day

Saturday, June 8 from 10 AM - 3 PM

Explore a new outdoor skill like archery, geocaching, bird watching and more. Enjoy delicious foods from a variety of food trucks. Enter to win some nature goodies and exciting prizes at the basket raffle. No registration is required for this free event. Check our website for details on hikes and presentations that will happen throughout the event!

Love Reinstein Woods? Volunteer!

Looking for a way to give back to Reinstein Woods? We're looking for volunteers willing to donate and/or solicit for basket donation items for the June 8 basket raffle. We can also use help with the event preparations, and volunteers on the day of the event. No experience is needed, just a desire to help!

To donate an item or basket and/or volunteer, contact Hanna O'Neill at (716) 683-5959 or hanna@reinsteinwoods.org

Proceeds from the basket raffle will benefit environmental education programs at Reinstein Woods. Thank you for your support!



Reinstein Woods is participating in the United Way Day of Giving, called Spring It On, again this year. This 24-hour give-a-thon benefits environmental education programs at Reinstein Woods. Your support on March 20-21 ensures that everyone has the opportunity to share in nature's harmony.

Watch for emails and check out our Facebook page to stay updated on Spring It On!

Did you know?

Each year, New York residents use billions of plastic bags, which do not break down in the environment. On Saturday, **March 23 from 2 to 4 pm**, stop by Reinstein Woods with an old t-shirt and we'll help you turn it into a shopping bag that can be used again and again!

Amazon Smile

Support Reinstein while you shop! Make Friends of Reinstein Woods your official charity at smile.amazon.com, and Amazon will donate 0.5% of your purchases to Reinstein Woods.



Plant Sale Vouchers Still Available

Thank you to everyone who ordered plants through our plant sale! Remember to mark your calendars for **Saturday June 1 (10 am-1 pm) or Monday, June 3 (5 pm-7 pm)** to pick up your plants.

If you missed the sale, you can still buy a voucher to use toward native plants, hanging baskets, or vegetable plants from Lavocat's Nursery in East Amherst. A portion of the voucher sale goes directly to support Reinstein Woods' programs. You can purchase a voucher at the reception desk at Reinstein Woods, or visit **www.reinsteinwoods.org/plantsale/** to place an online order.



Nature in the News: Bucks Entangled at Reinstein Woods

Two residents of Reinstein Woods became social media stars recently. A pair of male deer were spotted entangled by their antlers. DEC Forest Ranger John Kennedy was contacted and arrived at the scene to find several people taking photos of the two bucks (some of which were posted on social media). To ensure the bystanders' safety, Ranger Kennedy advised the onlookers to back away to a safe distance. The two bucks were both standing and trying to free themselves, but to no avail. With the aid of a pole, Ranger Kennedy and DEC Environmental Conservation Officer Scott Marshall separated the two animals. Both deer ran away in opposite directions and appeared to be in good health.

Antlers are bony structures that grow out of hard plates (pedicles) on the deer's head. During the fall mating season (known as "the rut"), the antlers are used to establish social rank. Deer shed their antlers during winter once the rut is over. A new set of antlers start to grow in April, stimulated by longer hours of daylight.

REINSTEIN WOODS ENVIRONMENTAL EDUCATION CENTER

Spring 2019 Program Schedule



**PLEASE NOTE: Registration is required for ALL programs unless otherwise indicated.

Dress for the weather! In the event of inclement weather, outdoor programs may be canceled. We regret that we cannot accommodate organized youth/civic groups at these programs. Please call to make alternate arrangements for your organization. Programs are free of charge unless otherwise noted. For further information or to register, call Reinstein Woods at 716-683-5959.

We welcome those who have any type of physical challenge to all of our programs. If you call ahead to let us know your needs, we will be happy to learn how we can serve you.

MARCH

Saturday, March 2 at 10:00 AM

OWL ECOLOGY

Search for signs of owls in the woods after an indoor introduction to these birds of prev. **

Saturday, March 2 at 11:00 AM

WOODS WALK: SNOWFLAKES & FROST

Enjoy a wintery guided walk in the woods *No registration required*.

Saturday, March 9 at 10:30 AM

STORIES IN THE WOODS

Enjoy hearing a nature story, followed by a guided walk in the woods. For children ages 3 to 7. **

Wednesday, March 13, from 4:30 to 5:30 PM

WILD WEDNESDAY

Together, kids and their parents or caregivers can enjoy a fun hour-long outdoor activity. For children in grades K-5. No registration required.

Thursday, March 14 from 4:00 to 7:00 PM

EDUCATOR WORKSHOP: PLT ENVIRONMENTAL EXPERIENCES FOR EARLY CHILDHOOD

Learn how to engage young children in outdoor exploration! Attendees receive an interdisciplinary activity guide and music CD. 3 CTLE hours provided. For educators of children ages 3 to 6. **

Saturday, March 16 at 10:30 AM

NEW VOLUNTEER ORIENTATION

If you want to volunteer at Reinstein Woods, this program is for you! Learn who we are, what we do and why we do it. **Must be 18 years or older, or have a parent/guardian volunteer with you.** **

Saturday, March 16 at 11:00 AM

WOODS WALK: NATURE GUIDE'S CHOICE

Join a guided nature walk in the woods. No registration required.

Wednesday, March 20 at 10:00 AM

SENIOR STROLL

Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. For adults only. **

Wednesday, March 20 at 7:00 PM

FIRST DAY OF SPRING FULL MOON WALK

Join us for a walk on this first full moon of spring and learn why it will be a super moon. $\ensuremath{^{**}}$

Saturday, March 23 from 2:00 to 4:00 PM

MAKE A REUSABLE BAG

Stop in with your old t-shirts and plastic bags and we'll help you transform them into reusable bags for all your shopping needs. *No registration required.*

Saturday, March 30 at 10:00 AM

WHO'S AWAKE?

On this walk we will search for early risers and migrants in the woods. **

Saturday, March 30 at 2:30 PM

BIRDING 101: CLASS #3

What bird am I? Come learn the general types of birds found in the woods. For adults and children ages 8 and older. **

APRIL

Saturday, April 6 at 10:30 AM

FAMILY NATURE QUEST: BUSY BEAVERS

Celebrate International Beaver Day with a short guided walk to visit a beaver lodge and look for clues of active beaver. Try out your engineering skills and build your own beaver dam. **

Saturday, April 6 at 1:00 PM

WOODS WALK: NATURE GUIDE'S CHOICE

Join a guided nature walk through the woods. No registration required.

Wednesday, April 10, from 4:30 to 5:30 PM

WILD WEDNESDAY

Together, kids and their parents or caregivers can enjoy a fun hour-long outdoor activity. For children in grades K through 5. **No registration required.**

Thursday, April 11 from 4:00 to 6:00 PM

EDUCATOR WORKSHOP: GREAT LAKES BASIN BINS

Join an interactive workshop by NYSDEC and NY Sea Grant that provides educators with an intro to the resources and classroom activities in the Great Lakes Educator Ecosystem Exchange (GLEEE) Basin Bins. Participants will receive a \$50 stipend and refreshments. For educators of students in grades K- 12.**

Saturday, April 13 at 10:00 AM

NATURAL PRODUCTS WORKSHOP

Learn to make natural cleaning and beauty products, and make your own natural cleaner and lip balm to take home. Materials fee: \$8/\$5 for Friends members. **

** NOTE: Registration is required for ALL programs unless otherwise indicated; call 716-683-5959.

Saturday, April 13 at 2:30 PM

VIREOS FOR BEGINNERS

Learn about the vireos that migrate to and through Reinstein Woods. For adults and children ages 8 and older. **

Wednesday, April 17 at 10:00 AM

SENIOR STROLL

Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. For adults only. **

Friday, April 19 at 7:30 PM

FULL MOON WALK

Join us for a walk to view nocturnal wildlife and the full moon. **

Saturday, April 20 at 10:30 AM

STORIES IN THE WOODS

Enjoy hearing a nature story, followed by a guided walk in the woods. For children ages 3 to 7. **

Saturday, April 20 at 1:00 PM

WOODS WALK: SPRING THINGS

Search for signs of spring on a guided walk. No registration required.

Saturday, April 20 at 2:00 PM

ANIMAL SUPERPOWERS

They may not be faster than a speeding bullet or more powerful than a locomotive, but many animals have abilities beyond those of humans. On this walk, you will learn about some of these amazing residents. **

Monday, April 22 at 6:30 PM

EARTH DAY HOME ENERGY ACTION WORKSHOP

Celebrate Earth Day by discovering solar power programs and incentives available in your community. Explore home energy efficiency programs and learn practical tips for saving money by conserving energy at home. Door prizes and refreshments provided. **

NATURE TECH ADVENTURES

Tuesday, April 23 at 1:30 PM—NATURE APPS Wednesday, April 24 at 1:30 PM—GEOCACHING EGG HUNT Thursday, April 25 at 1:30 PM—SOLAR SOLUTIONS

Friday, April 26 at 1:30 PM— BIRDING

Join us for some fun-filled spring break activities! Come for just one day, or join us all week. For children ages 8 and older. **

Friday, April 26 at 10:30 AM

CITIZEN SCIENCE: PROJECT SQUIRREL

Come join us as we learn how to be citizen scientists and record squirrel sightings in the woods. Once you've learned, you can record at home too. For children ages 8 and older. **

Saturday, April 27 at 10:00 AM

OUTDOOR SKILLS

In this program, you will build an emergency shelter from natural materials and practice navigation and fire building techniques. For adults and children age 8 and older. **

Saturday, April 27 at 2:30 PM BIRDING 101: CLASS #4

Who's in the pond? Who's flying over the pond? And who's hiding in the reeds? Learn about the ducks and wetland birds of Reinstein Woods. For adults and children ages 8 and older. **

MAY

Saturday, May 4 from 10:00 AM to 1:00 PM

EARTH DAY IN MAY / I LOVE MY PARK DAY

Keep the Earth Day spirit alive by caring for our trails on I Love My Park Day. Scouts and other organizations welcome. Refreshments provided. **

Saturday, May 4 at 1:00 PM

WOODS WALK: INSECTS IN SPRNG

Explore the woods to see what insects are out. *No registration required.*

Saturday, May 4 at 2:30 PM

GARDENING FOR MIGRATING MONARCHS

Learn what a monarch waystation is, why they're important and how to make your own. Provide habitat for butterflies, and register your garden to a nation-wide map! For adults and children ages 12 and older. **

Wednesday, May 8, from 4:30 to 5:30 PM

WILD WEDNESDAY

Together, kids and parents/caregivers can enjoy a fun hour-long outdoor activity. For children in grades K through 5. No registration required.

Saturday, May 11 from 10:00 AM to 3:00 PM

EDUCATOR WORKSHOP: AQUATIC WILD + GREAT LAKES BINS

Join an interactive workshop by NYSDEC and NY Sea Grant with an interdisciplinary curriculum focused on Great Lakes wildlife and ecosystems. Participants receive a curriculum guide and an intro to Great Lakes Educator Ecosystem Exchange (GLEEE) Basin Bins, plus a \$75 stipend and lunch. For educators of students in grades K- 12. **

Saturday, May 11 at 2:30 PM

WARBLERS FOR BEGINNERS

Join us as we learn about and look for colorful migrating warblers. For adults and children ages 8 and older. **

Wednesday, May 15 at 10:00 AM

SENIOR STROLL

Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. For adults only. **

Wednesday, May 15 at 6:30 PM

BIRDWATCHING WALK

Take a guided walk to search for seasonal birds. Bring binoculars if you have them. **

Friday, May 17 at 7:30 PM

FULL MOON WALK

Join us for a walk as we look for nocturnal wildlife**

Saturday, May 18 at 11:00 AM

WOODS WALK: NATURE GUIDE'S CHOICE

Join a guided nature walk through the woods. No registration required.

Saturday, May 25 at 10:30 AM

SURVIVING WHITE-TAILED DEER

Learn facts and myths about white-tailed deer and how to keep them from destroying your gardens. For adults only. **

Saturday, May 25, 2019 at 1:00 PM

LIGHTNING-FAST HUMMINGBIRDS

Leap into the stunning physical abilities and light-speed lives of the world's tiniest birds. Includes a guided pollinator walk and observation at our hummingbird feeders. For adults and children ages 8 and older. **

Saturday, May 25 at 2:30 PM

BIRDING 101: CLASS #5

Learn why some birds stay just for the summer and which ones to look for during the summer season. For adults and children ages 8 and older.**

Remember Reinstein

Did you know you can designate a percentage of your life insurance or 401k as a gift to Reinstein Woods? Consider Friends of Reinstein Woods when planning your will. Leave your legacy at Reinstein Woods and help share the beauty of our Preserve with future generations. Each gift, no matter the size, transforms the lives of countless individuals and provides opportunities for everyone to share in nature's harmony. For more information, please contact Hanna O'Neill at (716) 683-5959 or hanna@reinsteinwoods.org.

Reinstein Woods Contact Information



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