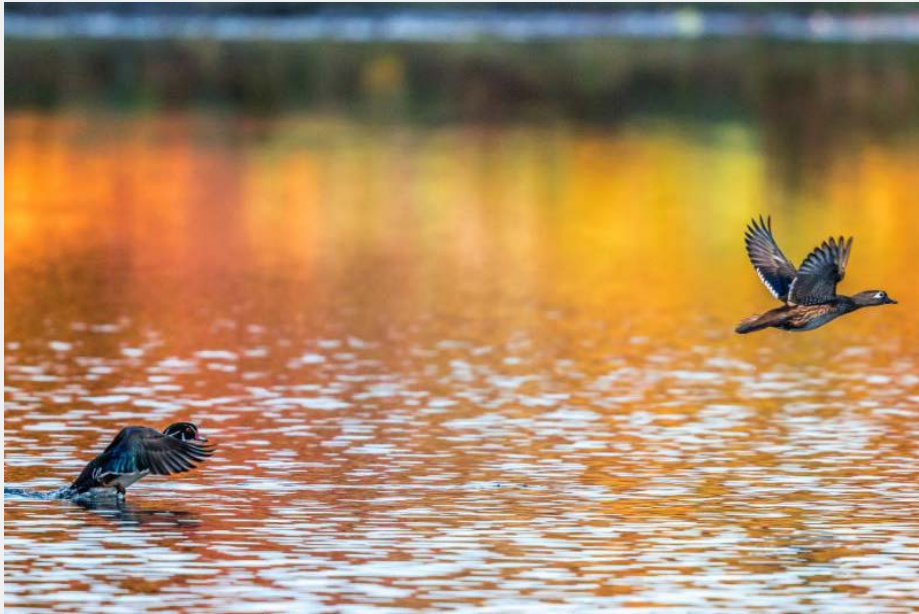


The Lily Pad

Fall 2018 Newsletter



Share in Nature's Harmony

Stay up to date with everything occurring at Reinstein Woods and check out which fun events and programs are happening soon!



Fall Festival

Join us Saturday, **September 15**, from **10am -4pm** as we bring the community together to share in nature's joy! This year's event will include nature exhibits, interactive presentations, entertainment, and so many more fun Fall activities!

- Pond Exploration Zone
- Scavenger Hunt and Prizes
- Wildlife Spotters Challenge
- Kids simulate fly fishing
- See live animals and play games
- Food for sale from the Boy Scouts and Froyo Shack
- Music by Mama Earth
- Visit with a Beekeeper
- Hikes with an Erie County Forest Ranger
- Duties of a Detector Dog Demonstrations
- Face painting, costumed characters, door prize, and more!

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Friends of Reinstein Woods

93 Honorine Dr.
Depew, NY 140433

716.683.5959

Hours:

Education Center
M-9:00-4:30:30
Sat. 1pm-4:30pm

Closed Sundays and State Holidays

Trails open daily from sunrise to sunset

Check out all the fun things this Fall

Fall 2018 Programs

Fall is right around the corner, and we have a lot going on at Reinstein Woods! From Wood Walks to Forest Bathing, there is something fun for everyone in the family!

See the attached schedule for all of the offerings and descriptions of programs and make sure to mark your calendar so you don't miss any of the fun!

Visit http://www.dec.ny.gov/docs/administration_pdf/rwfall18.pdf or call 716.683.5959 for more information.



Loveliness of Ladybugs

A group of ladybugs is called a "loveliness" of ladybugs, a very fitting and endearing term to address the return of this beneficial insect to Reinstein Woods Nature Preserve.

This now rare species of native ladybug was historically very common in New York State. Shortly after being named New York's state insect, entomologists became aware that numbers were sharply declining. For 20 years, they went unrecorded in New York.

Reinstein Woods Naturalist Intern, Leah Tyrrell, has been working with ladybugs for the past nine years with the Lost Ladybug Project, a citizen science program that uses volunteers to look for rare ladybugs and to educate people about their role in our ecosystems.

Reinstein Woods summer day campers participated in the release and learned about the importance of this beneficial insect to the preserve's ecosystem. The public can also participate in the reintroduction by ordering their own larvae for release from Lost Ladybug Rescue.

Be sure to look for nine-spotted ladybugs on your next visit to Reinstein Woods! To learn more about how to identify and photograph these beauties, visit the Lost Ladybug Project website.



Fixin' and Mixin'

There will be a Dare to Repair Cafe at Reinstein Woods on **October 20** from **10am-2pm**, so bring your broken items, such as vacuums and lamps, and let volunteers help you fix them!

Friends of Reinstein Woods will be selling coffee and hot chocolate while the fixers are hard at work.

This event is designed to reduce waste entering landfills and help build community!

For more information or to offer your services, call (716) 683-5959.

Board of Directors:

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FORW Liason

Michael Adriaansen

Office Manager Ann
Murphy

Have a birthday coming up?

Did you know that you can support Reinstein Woods on your special day? Facebook allows users to dedicate their birthday to charity and raise funds for their favorite nonprofits.

Just click the fundraiser tab under the "Explore" section on Facebook and start supporting Reinstein Woods. Facebook will even donate \$5 for a limited time, simply for choosing a charity to help.

They make it easy to share the news with all of your friends! So this year, make your birthday a little sweeter by fundraising for Friends of Reinstein Woods and help continue to make Reinstein Woods such a special place!

Thank you to all of this year's Donors and New Members!

Your support allows so many to share in nature's harmony.

Members Tour Ganondagan

Saturday, August 4, members enjoyed a trip to Ganondagan Seneca Art and Culture Center in Victor, NY. They visited the National Historic Landmark for the "Earth is Our Mother" tour and to view the new Seneca History Museum.

This site is the only New York State Historic Site dedicated to Native American theme. The trail walk highlighted the native's use of natural plants for health and medicinal purposes.

Members concluded the day with a tour of a replica Seneca "Long House". Everyone had a great time learning about the incredible history right in our backyard.

The next member event will be the Annual Membership Meeting on October 16th. Stay tuned for more information about presenters and what to expect at that meeting!



The staff at Reinstein Woods invites you to participate in the second annual BioBlitz! This 24-hour event will begin **Friday, August 24** at **4:00pm** and continue until **August 25**.

Local naturalists and scientists will lead field teams in attempt to document as many different species as possible on the Reinstein Woods Nature Preserve.

This unique event will allow us to see all the diversity right in our backyard!

Friday, August 24

- 4:00 pm - Opening Ceremony
- 4:30 pm - Plant Field Team
- 8:00 pm - Invertebrate Field Team

Saturday, August 25

- 9:00 am - Bird Field Team 1
- 10:00 am - Tree Field Team
- 10:00 am - Herpetology Field Team
- 12:00 pm - Fungi Field Team
- 1:00 pm - Bird Field Team 2
- 4:00 pm - Closing Ceremony

Register online for field teams at www.reinsteinwoods.org/bioblitz

On **Saturday** from **10am-3:30pm**, join us for family friendly activities such as the "life under a log" mini-blitz and a kids photo scavenger hunt. No registration is required for family programs.

SAVE THE DATE

NATURE'S GATHERING

November 10, 2018

5:00-8:00pm

This year, Nature's Gathering is moving to **Ironworks**, which is located right next to KeyBank Center at **49 Illinois St. Buffalo, NY**. This event will feature local vendors, samplings from breweries and wineries, entertainment, and light fare.

Stay tuned for more information about the event and how to purchase tickets!



Volunteer Spotlight

Vinod Suchak has been an active member of Friends of Reinstein Woods for many years. He has served on the Board of Directors and been a dedicated member of the Finance Committee since 2013.

In 2014, he was appointed Treasurer and assisted with the management of the accounting and financial needs of the organization. Vinod, along with the other members of the Finance Committee, were recently awarded the Peter M. Losi Appreciation Award for Service to Friends of Reinstein Woods (FORW) at the 2018 Volunteer Picnic for all of their hard work ensuring the financial stability and prosperity of the Friends group.

Vinod has a passion for helping FORW continue to grow. Since becoming Treasurer, the Friends assets have grown immensely. He has also been a pivotal character in researching and participating in Sustainable Investing for the Friends group.

He enjoys the opportunity to aid with various events, help develop the Strategic Plan, and learn about and appreciate this outdoor space.

Beyond Reinstein Woods, Vinod keeps busy in many different ways. He originally hails from Zanzibar, Tanzania, and came to the US in 1968. Using his background in Mathematics and Computer Science, he went on to own a software and IT service business servicing community banks in New York and Pennsylvania for 28 years. He also worked as the Chief Technology Officer for Evans Bank for 6 years.

Since retiring in 2014, Vinod has enjoyed traveling and spending as much time as he can with his two grandsons. He continues to give back to the community and frequently volunteers and offers his services to other non-profit groups.

The Friends group has been so lucky to have Vinod as a part of the team for the past few years!

Summer Smiles

We loved having day campers here all Summer! Little naturalists, ages 5-13, had fun exploring the trails, investigating the organisms in the ponds, constructing toad and fairy houses, learning to build shelters, and simply enjoying all the wonders that Reinstein Woods offers.

Two of the Wildlife Adventurer's had an incredible discovery. They spotted a wood turtle shell, which has not been seen at Reinstein Woods in more than 20 years! We always enjoy having young scientists around to help us continuously unearth and rediscover amazing things.



Did you know?

Americans use millions of plastic straws every day which end up in our oceans and cause harm to the wildlife and ecosystems. This Fall, Reinstein Woods urges you to try out an alternative and let us know what your favorite is!

[716.683.5959] [Reinsteinwoods@yahoo.com] [Reinsteinwoods.org]

Fall 2018 Program Schedule

****PLEASE NOTE: Registration is required for ALL programs unless otherwise indicated.**

Dress for the weather! In the event of inclement weather, outdoor programs may be canceled. We regret that we cannot accommodate organized youth/civic groups at these programs. Please call to make alternate arrangements for your organization. Programs are free of charge unless otherwise noted. **For further information or to register, call Reinstein Woods at 716-683-5959.**

We welcome those who have any type of physical challenge to all of our programs. If you call ahead to let us know your needs, we will be happy to learn how we can serve you.

SEPTEMBER

Saturday, September 1 at 10:00 AM

INTRODUCTION TO GEO-CACHING AT GLEN FALLS PARK

You will learn how to use a Global Positioning System (GPS) unit and use the handheld GPS units to find hidden geocaches. **For adults and children ages 8 and older. Note: This program will be held at Glen Falls Park, Amherst. ****

Saturday, September 1 at 1:00 PM

WOODS WALK: READING THE WILD

Join us for a guided nature walk through the woods. **No registration required.**

Saturday, September 8 at 10:30 AM

FAMILY NATURE QUEST: TURTLES

Explore the woods to look for turtles, and visit with Reinstein Woods' two rescue turtles, Clover and Clementine. ******

18TH ANNUAL FALL FESTIVAL

Saturday, September 15, 2018 from 10:00 AM to 4:00 PM

Kick off the fall season by spending a day in the woods. Enjoy crafts for kids, live animals, hands-on activities, food, live music by Mama Earth and more! See www.dec.ny.gov/education/68006.html for more information. **No registration required.**

Wednesday, September 19 at 10:00 AM

SENIOR STROLL

Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. **For adults only. ****

Saturday, September 22 at 2:30 PM

BIRDING 101: CLASS #9

Learn how to identify the different raptors (birds of prey) found in Reinstein Woods. **For adults and children ages 8 and older. ****

Tuesday, September 25 at 8:00 PM

FULL MOON WALK

Search for nocturnal animals and seasonal constellations under the first full moon of fall. ******

Saturday, September 29 at 10:00 AM

POISONOUS PLANTS IN YOUR OWN BACKYARD

Some of the plants that grow in our yards can be toxic if you eat the wrong part or prepare them the wrong way. Learn about these common plants and their chemical defenses, as well as some poisonous plants and animals in Reinstein Woods. **For adults and children ages 12 and older. ****

Saturday, September 29 from 1:00 to 3:30 PM

PASSPORT TO PLAY

Stop by the Education Center to pick up your passport guide to nature play activities set up along the trails. **No registration required.**

OCTOBER

Saturday, October 6 from 10:00 AM to Noon

COMMUNITY SERVICE DAY

Do you need service hours for school or college? Come out and help work on a project to earn hours. ******

Saturday, October 6 at 11:00 AM

WOODS WALK: NATURE GUIDE'S CHOICE

Join a guided nature walk through the woods. **No registration required.**

Wednesday, October 10 from 4:30 to 5:30 PM

WILD WEDNESDAY

Together, kids and their parents or caregivers can enjoy a different, fun, hour-long outdoor activity. **For children in grades K through 5. No registration required.**

Saturday, October 13 at 10:30 AM

TRAILSIDE ART

Create ephemeral art inspired by the artist Andy Goldsworthy along the trails and ponds of Reinstein Woods. ******

Saturday, October 13 at 2:30 PM

BIRDING 101: CLASS #10

Learn which birds will be in the area for the winter season. **For adults and children ages 8 and older. ****

**** NOTE: Registration is required for ALL programs unless otherwise indicated; call 716-683-5959.**

GREAT LAKES EDUCATOR WORKSHOP SERIES

Discover activities designed to meet new NYSSLS requirements. Anyone who works with kids is welcome! **Attend at least three workshops and receive one free in-school program for your classroom or after school program. ****

Thursday, October 11 from 4:00 to 7:00 PM
GREAT LAKES: WATERSHED CONNECTIONS
For educators of students in grades K-12. (3 CTLE hours provided)

Thursday, October 25 from 4:00 to 7:00 PM
GREAT LAKES: LIFE SCIENCE CONNECTIONS WITH PROJECT WILD
For educators of students in grades K-12. (3 CTLE hours provided)

Tuesday, November 6 from 9:00 AM to 3:30 PM
PROJECT LEARNING TREE
For educators of students in grades Pre-K-8. (6 CTLE hours provided)

Thursday, November 15 from 4:00 to 7:00 PM
CLIMATE CHANGE AND THE GREAT LAKES
For educators of students in grades 6-12. (3 CTLE hours provided)

Thursday, December 6 from 4:00 to 6:00 PM
GREAT LAKES SERVICE LEARNING AND CITIZEN SCIENCE
For educators of students in grades K-12.

Wednesday, October 17 at 10:00 AM
SENIOR STROLL
Experience nature at your own pace, and enjoy a leisurely guided walk in the woods. **For adults only. ****

Wednesday, October 17 at 6:30 PM
EVENING FOREST BATHING
Enjoy an introduction to this popular health trend with a walk that focuses on the sights, sounds and smells of the forest to induce relaxation while easing anxiety and stress. ******

Saturday, October 20 from 10:00 AM to 2:00 PM
DARE TO REPAIR CAFE
Bring your broken items (lamps, furniture, clothes etc.) to the repair cafe and have volunteer "fixers" try to repair the item for free. This event is designed to reduce waste going into landfills. For more information, call 716-683-5959 or visit www.reinsteinwoods.org

Wednesday, October 24 at 7:30 PM
FULL MOON WALK
Search for nocturnal animals and seasonal constellations during the full moon. ******

Saturday, October 27 at 10:30 AM
CREEPY CRITTERS
Come have fun learning about bats and owls through stories, activities and crafts. **For children ages 4-8. ****

NOVEMBER

Saturday, November 3 at 10:00 AM
STORIES IN THE WOODS
Enjoy hearing a nature story, followed by a guided walk in the woods. **For children ages 3 to 7. ****

Saturday, November 3 at 11:00 AM
WOODS WALK: NATURE GUIDE'S CHOICE
Join a guided nature walk through the woods. **No registration required.**

Saturday, November 10 at 10:00 AM
NATURAL PRODUCTS WORKSHOP
Learn how to make natural cleaning and beauty products, which make great holiday gifts. Make a natural cleaner or lip balm to take home. **Materials fee: \$7/\$5 for Friends members. ****

FRIENDS OF REINSTEIN WOODS EVENT

Saturday, November 10 from 5:00 to 8:00 PM
**NATURE'S GATHERING:
AN EVENING OF ART, WINE AND CHEESE**
Sample fine regional wines and enjoy hors d'oeuvres, as you help support the Friends of Reinstein Woods. Western New York artisans will showcase their nature-themed artwork and specialty items, available for purchase. **Note: This event will take place at Buffalo Iron Works, 49 Illinois St, Buffalo, NY 14203.** Tickets available at Reinstein Woods or online at www.reinsteinwoods.org. For more information, call 716-683-5959.

Wednesday, November 14 from 4:30 to 5:30 PM
WILD WEDNESDAY
Together, kids and their parents or caregivers can enjoy a different, fun, hour-long outdoor activity. **For children in grades K through 5. No registration required.**

Saturday, November 17 at 10:30 AM
IN THE RUT
During this month, whitetail bucks are on the hunt for does. Join us for a walk as we search for bucks in the preserve. ******

Saturday, November 17 at 11:00 AM
WOODS WALK: NATURE GUIDE'S CHOICE
Join a guided nature walk through the woods. **No registration required.**

Wednesday, November 21 at 10:00 AM
SENIOR STROLL
Experience nature at your own pace, and enjoy a leisurely guided walk in the woods. **For adults only. ****

Saturday, November 24 at 10:00 AM
OUTDOOR SKILLS
In this program, you will build an emergency shelter from natural materials and practice navigation and fire building techniques. **For adults and children ages 8 and older. ****

Remember Reinstein

Did you know that you can designate a percentage of your life insurance or 401k as a gift to Reinstein? Consider the Friends of Reinstein Woods when planning bequests in your estate papers. Leave your legacy at Reinstein Woods and help share the beauty of our Preserve with future generations. For more information, contact Hanna O'Neill at (716) 683-5959 or hanna@reinsteinwoods.org.



93 Honorine Dr.
Depew, NY 14043