

# The Lily Pad



The Newsletter of Friends of Reinstein Woods

*Share In Nature's Harmony*

**Spring / Summer 2017**

## Get Outdoors: Community Day!

**Saturday, June 10, 2017**

**11 AM - 3 PM**

Reinstein Woods is partnering with the Towns of Cheektowaga and Amherst to bring you a day of outdoor fun! Learn a new outdoor skill, including archery, geocaching, orienteering or birding!

Kids will enjoy nature play stations, face painting, balloon animals, jump roping, and even old-fashioned activities with Buffalo Niagara Heritage Village.

Delight in treats from a food truck, and win big at Friends of Reinstein Woods' basket raffle! Amherst residents: bring your Wegmans Passport to Family Wellness and add Reinstein Woods to your passport!

No registration required for this free event. Check [reinsteinwoods.org](http://reinsteinwoods.org) for more details, or call (716) 683-5959.



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## New Scooter Available for Loan!

People with limited mobility can now borrow an electric scooter to help them enjoy Reinstein Woods' trails! The scooter is available on a first-come, first-serve basis Monday through Friday 9 am to 4:30 pm and Saturday 1 pm to 4:30 pm. You can also register to borrow it when you sign up for a public program.



The scooter is only available for adults age 18 and older. We recommend that you call before visiting to ensure the scooter is available. For more information, call (716) 683-5959.

A visitor enjoys a walk using  
the new electric scooter!

## There's An App For That: Litterati

*Note: Our Spring "Nature Tech" series for kids was so popular that we've decided to occasionally post about a useful nature app for your smartphone or tablet.*

As a public location, trash is something we are very aware of at Reinstein Woods. We are fortunate that despite lots of visitors, our trails remain relatively trash free. However, the same can't be said of most public roads and especially the ocean.

Now there's an app that lets citizens help scientists work toward a trash-free future: Litterati.

Available for Apple and Android devices, the app is simple: snap a photo of a piece of litter and tag it with keywords (e.g. #cigarette #Marlboro). The app adds a "geotag" with location information. According to [litterati.org](http://litterati.org), "Geotags provide insight into problem areas, while keywords identify the most commonly found brands and products. This data will be used to work with companies and organizations to find more sustainable solutions."

Best of all, you don't have to use your phone's data – you can wait to upload the photos to Litterati until you are in a place that has Wifi. Ideally, you will pick up the litter and either recycle it or place it in the trash. The app shows your "impact" by tracking how many pieces of litter you collect, and the website even has an interactive map showing where trash has been picked up across the globe.

There's even a guide for teachers (<https://litterati.org/resources/Litterati-Citizen-Science.pdf>) who want to use the app in their curriculum. So before you pick up that abandoned pop can on your next nature hike, snap a photo with the Litterati app. You could be helping to build a trash-free future!



Volunteers picked up trash at Earth Day in May

## Thank You Donors

Reinstein Woods is grateful to all the donors who have contributed in recent months to help us *Share in Nature's Harmony!*

### Donors:

- Cinderella Isle Garden Club
- Employees of Bond, Schoeneck & King's Buffalo Office
- Vinod and Constance Suchak – Kids in the Woods Camp Sponsorship
- Ed Swiatek – For Beehive and Butterflies
- Amazon Smile Foundation, The Benevity Community Impact Fund, Microsoft Matching Gift Program, Yourcause.com

### Earth Day Appeal:

Irene Benbenek, Scott & Meaghan Boice-Green, Terry & Linda Boyle, Jacqueline Brodfuehrer, Michael Campanella, William Cookfair, Jerry & Maureen Courneya, Ronald Dekanski, Rita Ecker, Jade Feeney, Mike & Carol Gettings, Donald Gordon, David & Jessie Green, Barbara Guancial, Kevin & Lisa Hanna, Lawrence Herrmann, Dennis & Rebecca Kaniecki, David & Carolyn Karb, David Kennedy, Edward Kowalski, Tom & Sue Lawson, Kalista Lehrer, Gary & Maria Michalski, Jeanne Moog, Tom & Andrea Mudd Sr., Jim & Marcia Nixon, Don & Jane Ogilvie, Edward Okon, Patricia Perry, Rita Puccio, Richard & Cheryl Radomski, Brigitte Schick, Leane Schultz, Scot & Karen Smith, Tom Stoll, Diana Stralow, Vinod & Constance Suchak, Katherine Weber, Ellen Welker

## *Thank You Donors - continued*

### **Memorial Gifts:**

- Dorothy Fairhead in memory of Elizabeth Cobb
- Donna & Art Soyk in memory of Tom Quincy Rowan

### ***Spring It On! Donors:***

Gaspar Aronica, Sue Bancich, Kathleen Boice, Meaghan Boice-Green, Matt Boyle, Terry Boyle, Peter Braun, Cheryl Buechi, Daniel Carlson, Esther Clabeaux, Maureen Cournyea, Stefanie Ecker, Mike & Carol Gettings, Elizabeth Grady, Andrew Jaskowiak, Libby Kershner, Mary Losi, Ann Murphy, Jeremy Oczek, Seeta Persaud, Gerald Phillips, Charles Rauch, Helen Roche, Kristen Rosenburg, Larry Snider, Katherine Spengler, Vinod Suchak, Microsoft Matching Gift Program (K. Spengler)

### **United Way Donor Choice Program 2016:**

Linda Arndt, Franklin Collins, Dr. Richard Hershberger, Amanda Megan, Andrew Moon, Karen Smith, Lori Stilwell, Vinod Suchak, Sandra Sywak, Jill Thurston

Contact  
Friends of  
Reinstein Woods

[Reinsteinwoods@yahoo.com](mailto:Reinsteinwoods@yahoo.com)

716-683-5959

### **Hours of Operation**

Education Center

M - F 9 am - 4:30 pm

Sat. 1 pm - 4:30 pm

### **Website:**

[Reinsteinwoods.org](http://Reinsteinwoods.org)

## **What Can I Recycle at Reinstein Woods?**

If you attended Winter Wonderland, you may have seen the Coalition of Positively Charged People's unique battery chute that was helping folks recycle alkaline (normal household) batteries. While Reinstein Woods is no longer accepting alkaline batteries, *we do accept* the following materials for recycling:

- rechargeable batteries
- sneakers in usable condition
- clean, empty skin care, hair care and cosmetic containers that otherwise wouldn't be able to be recycled
- toothbrushes, toothpaste tubes, floss and deodorant containers through Tom's of Maine and Terracycle
- PERFECT #6 styrofoam (the kind electronics come wrapped in- must be in perfect condition)
- Cell Phones (for Soldiers)



You can bring these items to the "recycling station" inside the Education Center Monday through Friday 9 am to 4:30 pm and Saturdays from 1 pm to 4:30 pm.

Additionally, you can bring used clothing and blankets any time and place them in the Hearts for the Homeless bin in the main parking lot. Clothing doesn't have to be in perfect condition (items can be sold to markets for industrial rags, for instance) but should be clean and dry.

To find where to recycle other items, visit [earth911.org](http://earth911.org).



## New Solar- Powered Car Charging Station at Reinstein Woods!

You may have noticed a new structure in the parking lot at Reinstein Woods. In honor of Earth Week, DEC unveiled a new solar-powered electric vehicle (EV) charging station! State Senator Timothy Kennedy and Assemblyperson Monica P. Wallace joined DEC Region 9 Director Abby Snyder and other officials to open the station.

Manufactured in California by a company called Envision Solar, the system consists of a solar panel that will power a battery that dispenses energy to vehicles, providing solar energy even when the sun isn't shining. The system can charge two vehicles simultaneously and will lower our collective carbon footprint.

Reinstein Woods uses the station to power a neighborhood electric vehicle (NEV) used to care for the trails, and a new electric scooter available for visitors with limited mobility. The charging station also features a USB port and a regular electrical outlet, enabling us to charge a variety of smaller electronics such as hedge-trimmers using only the sun's power.



*Friends of Reinstein Treasurer Vinod Suchak, Assemblyperson Monica Wallace, Senator Timothy Kennedy, DEC Region 9 Director Abby Snyder, & Volt owner Bob Kanauer cut a ribbon*

A state-of-the-art television screen attached to the charging station provides information on the station's performance and also broadcasts information about upcoming Reinstein Woods' events. The station was paid for by a gracious donation from the Julia Boyer Reinstein Trust.

New York State is currently offering a rebate of up to \$2,000 that can be combined with federal tax credits of up to \$7,500 for the purchase of hybrid plug-in or full electric vehicles. Many newer models can go 50 to more than 200 miles on pure electricity without needing a charge. For more information, visit the ChargeNY website: <https://www.nyserda.ny.gov/All-Programs/Programs/ChargeNY>

## Summer Program Schedule Announced

Reinstein Woods is offering an expanded range of walks, talks and workshops this summer!

If you are looking to explore new nature areas, consider signing up for one of several programs being offered at Amherst State Park or Great Baehre Swamp through our partnership with the Town of Amherst. It's a great way to explore a new outdoor location!

To register for any program, call (716) 683-5959. View the summer program schedule in the back of the newsletter.

## A Message from the President

Spring and “springtime” bring to mind three R’s: rebirth, renewal and regrowth. There are also the three R’s of waste management: reduce, reuse, recycle...but let’s get back to spring! The spring season is full of transformations. The temperature rises to a more bearable degree, and the trees once again bud into lush, green, picture-perfect plants. Aside from the weather’s transformation, Reinstein Woods also transforms as local nature lovers and area schools merge upon the woods to witness the amazing spring awakening. Just like Nature starting another season of new growth and beauty, people often want to try something a bit different from their usual activities.

If you’re at the point of shaking things up in a spring awakening, why not join a Friends committee? We have several active committees that are the lifeblood of our organization, including membership, finance, development, and events committees. Currently, our Events Committee could use a few more helpers. This committee meets bi-monthly to plan great events like “Nature’s Gathering”. You can learn more and find meeting dates and contact info at [reinsteinwoods.org](http://reinsteinwoods.org), or you can contact me at [president@reinsteinwoods.org](mailto:president@reinsteinwoods.org). If you aren’t up to joining a committee, we can always use members to help set up and work at Friends- sponsored events like “Get Outdoors! Community Day” (<http://reinsteinwoods.org/events/community-day/>).

In closing, I’m a firm believer in trying on “different hats.” You’ll never know how it fits if you don’t try it on! In my years of volunteering at Reinstein Woods, I’ve worn many hats (most recently the squirrel hat in the photo) and none that I’ve regretted!

Enjoy and respect the outdoors and I hope to see you soon at Reinstein Woods.

-Terrence Boyle, President, Friends of Reinstein Woods



**Terrence Boyle**

## Welcome New Members

Miriam Abramovich  
Cassie Austin  
Vicki Bauer  
Kellie Breeden  
Debra Easton-Dawson  
Christine Derby-Cuadrado  
Nicole Ehrle  
Jill Emmons  
Audrey Friedrich  
Susan Gonsiorek

Jessica Harrell  
Robin Hjembo  
Jen Kielbasa  
Elisa Kirby  
Kawthar Kotob-Ibrahim  
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Melissa Milch-Klein  
Christen Mueller  
Lana Penfold

Nancy Richert  
Patrick & Sheelagh Ryan  
Jerome Schley  
Brad Schutt  
Angel Swan  
John Tooley  
Mary Yager  
Kelly Zimmerman

## Support Reinstein Woods While Shopping!

If you shop online at Amazon, you can designate Friends of Reinstein Woods as your official charity. Your prices stay the same, but Amazon will donate 0.5% of the cost of all your future purchases to the Friends of Reinstein Woods. You only need to sign up once and the process takes less than 30 seconds. To sign up, visit <http://reinsteinwoods.org/donate/amazon-smile-program/>. Thank you for your support!



# Summer 2017 Programs

**PLEASE NOTE: Registration is required for ALL programs unless otherwise indicated.** Dress for the weather! In the event of inclement weather, outdoor programs may be canceled. We regret that we cannot accommodate organized youth/civic groups at these programs. Please call to make alternate arrangements for your organization. Programs are free of charge unless otherwise noted. **For further information or to register, call Reinstein Woods at 716-683-5959.**

*We welcome those who have any type of physical challenge to all of our programs. If you call ahead to let us know your needs, we will be happy to learn how we can serve you.*

## AFTER SCHOOL ESCAPE

**Every Thursday in June, from 4:30 to 5:30 PM**

Together, kids and their parents or caregivers can enjoy a different, fun, hour-long outdoor activity each week. **For children in grades K through 5. No registration required.**

## JUNE

Saturday, June 3 from 9:00 AM to 12:00 PM

### EDUCATOR WORKSHOP: GROWING UP WILD

Participants receive an activity guide filled with standards-based, interdisciplinary, hands-on lessons for young children. **For educators of students ages 3-7. \*\***

Saturday, June 3 at 11:00 AM

### WOODS WALK: NATURE GUIDE'S CHOICE

Join a guided nature walk through the woods. **No registration required.**

Saturday, June 3 at 2:30 PM

### ECO-ART: EXPLORING ANDY GOLDSWORTHY

Discover the artist Andy Goldsworthy while creating ephemeral art along the trails of Reinstein Woods. **\*\***

Wednesday, June 7 at 6:30 PM

### BIRDWATCHING WALK

Take a guided walk to search for seasonal birds. **\*\***

Friday, June 9 at 8:30 PM

### FAMILY FULL MOON WALK AT AMHERST STATE PARK

Join us to look for nocturnal critters on the night of a full moon. *Note: This program takes place at Amherst State Park.* **\*\***

## GET OUTDOORS! COMMUNITY DAY

**Saturday, June 10 from 11:00 AM to 3:00 PM**

Join us for a day of outdoor fun! Learn a new skill, such as archery, bird-watching, geocaching or orienteering. Kids can enjoy face painting, nature play stations and old-fashioned games. Nature walks, food trucks, basket raffle and more! For more information, visit [reinsteinwoods.org](http://reinsteinwoods.org) or call 716-683-5959. **No registration required.**

Tuesday, June 13 at 11:00 AM

### MEDICINAL HERB WALK

Learn about the medicinal values of the herbs that grow in the Woods. **For adults and children ages 12 and older. \*\***

Saturday, June 17 at 10:00 AM

### TAKE A HIKE!

Join former intern Jerry Krajna to learn how to set up a hike plan, good gear to have, what to do if you experience an emergency and how to locate new areas to explore. **\*\***

Saturday, June 17 at 10:30 AM

### TURTLE TALK

Celebrate World Sea Turtle Day by discovering their freshwater relatives here at Reinstein Woods. **\*\***

Saturday, June 17 at 11:00 AM

### WOODS WALK: NATURE GUIDE'S CHOICE

Join a guided nature walk through the woods. **No registration required.**

Monday, June 19 at 10:30 AM

### POLLINATOR POWER

Help us kick off Pollinator Awareness Week as we create an outdoor exhibit on the value of local pollinators. **\*\***

Wednesday, June 21 at 10:30 AM

### SENIOR STROLL

Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. **For adults only. \*\***

Saturday, June 24 at 10:00 AM

### STORIES IN THE WOODS

Enjoy hearing a nature story, followed by a guided walk in the woods. **For children ages 3 to 7. \*\***

Saturday, June 24 at 2:30 PM

### BIRDING 101: CLASS #6

Which woodpecker am I? Learn how to identify the different woodpeckers found in Reinstein Woods. **For adults and children ages 8 and older. \*\***

## JULY

Saturday, July 1 at 10:00 AM

### FOREST BATHING

This walk will focus on the sights, sounds and smells of the forest to induce relaxation while easing anxiety and stress. **\*\***

Saturday, July 1 at 1:00 PM

### WOODS WALK: READING THE SIGNS

Join a guided nature walk to look for tracks, scat and other animal clues. **No registration required.**

Saturday, July 8 at 10:00 AM

### SUMMER WILDFLOWERS

Search for seasonal wildflowers, and learn their uses and folklore. **For adults and children ages 10 and older. \*\***

Monday, July 10 at 8:30 PM

### FAMILY FULL MOON WALK

Enjoy the light of the moon as we search for critters of the night. **\*\***

Tuesday, July 11 at 10:00 AM

### CREEK CRITTERS AT AMHERST STATE PARK

Discover what amazing animals are lurking underwater on this hike along Ellicott Creek. *Note: this program takes place at Amherst State Park.* **\*\***

# Summer 2017 Programs

**PLEASE NOTE: Registration is required for ALL programs unless otherwise indicated. For further information or to register, call Reinstein Woods at 716-683-5959.**

Tuesday, July 11 at 11:00 AM

## **MEDICINAL HERB WALK**

Learn about the medicinal values of the herbs that grow in the Woods. **For adults and children ages 12 and older. \*\***

Tuesday, July 11 at 8:30 PM

## **NOCTURNAL CREATURES**

Join former Naturalist Intern Matt Nusstein to search for creatures of the night on this guided walk. **\*\***

Thursday, July 13 at 10:00 AM

## **STORIES IN THE WOODS**

Enjoy hearing a nature story, followed by a guided walk in the woods. **For children ages 3 to 7. \*\***

Saturday, July 15 at 10:30 AM

## **THE SEARCH FOR MONARCHS**

Learn about the monarch butterfly's life cycle and search for eggs, caterpillars and adult butterflies. **For adults and children ages 10 and older. \*\***

Saturday, July 15 at 11:00 AM

## **WOODS WALK: NATURE GUIDE'S CHOICE**

Join a guided nature walk through the woods. **No registration required.**

Wednesday, July 19 at 10:30 AM

## **SENIOR STROLL**

Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. **For adults only. \*\***

Wednesday, July 19 at 6:00 PM

## **BIRDING 101: CLASS #7**

Search for summer birds, such as gnatcatchers, kinglets, titmice and vireos. **For adults and children ages 8 and older. \*\***

Wednesday, July 19 at 8:00 PM

## **GOING BATTY!**

Bats are amazing animals but are often misunderstood. Separate fact from fiction, and learn about the only true flying mammals. **\*\***

Saturday, July 22 at 10:00 AM

## **JEWELS OF THE SKY AT BILLY WILSON PARK**

We will search for ebony jewelwings and tiger swallowtails as well as other dragonflies and butterflies. *Note: Program will take place at Billy Wilson Park, Amherst. \*\**

Saturday, July 22, from 10:30 AM to 3:30 PM

## **ADULT SUMMER CAMP**

Be a kid again! Scoop in the pond, catch insects with nets, build forts, play games and more. **For adults only. \*\***

Tuesday, July 25 at 10:00 AM

## **FAIRY HOUSES AT AMHERST STATE PARK**

Create a house to attract nature's fairies. Once you learn how, you can make one anywhere. **For children ages 5-10. Note: Program will take place at Amherst State Park. \*\***

Wednesday, July 26 from 9:00 AM to 12:00 PM

## **EDUCATOR WORKSHOP: AQUATIC WILD**

Participants receive an activity guide filled with standards-based, interdisciplinary, hands-on lessons focused on aquatic wildlife. **For educators of students in grades K-12. \*\***

Wednesday, July 26 at 6:30 PM

## **BIRD WALK FOR KIDS**

Take a walk to look for birds in the woods. **For children ages 8-12. \*\***

Saturday, July 29 at 10:30 AM

## **SCRATCH AND SNIFF WALK**

Discover what Reinstein Woods has to offer your senses of touch and smell during this hands-on hike. **\*\***

## **AUGUST**

Saturday, August 5 at 10:00 AM

## **RIBBIT, SLITHER, CROAK!**

Discover snakes, turtles, frogs and salamanders as we explore the ponds and forests at Reinstein Woods. **\*\***

Saturday, August 5 at 11:00 AM

## **WOODS WALK: NATURE GUIDE'S CHOICE**

Join a guided nature walk through the woods. **No registration required.**

Monday, August 7 at 8:30 PM

## **FULL MOON WALK**

Experience the sights and sounds of wetland creatures by the full moon. **\*\***

Tuesday, August 8 at 11:00 AM

## **MEDICINAL HERB WALK**

Learn about the medicinal values of the herbs that grow in the Woods. **For adults and children ages 12 and older. \*\***

Thursday, August 10 at 10:00 AM

## **WETLAND BAND AT GREAT BAEHRE SWAMP**

Search for frogs, turtles and birds and recreate the sounds of the swamp. **For children ages 3-12. Note: Program takes place at Great Baehre Swamp, Amherst. \*\***

Saturday, August 12 at 10:30 AM

## **STROLLER STRUT**

Share a sensory exploration of nature with your young child. **For children ages 3 and under. \*\***

Saturday, August 19 at 10:00 AM

## **STORIES IN THE WOODS**

Enjoy hearing a nature story, followed by a guided walk in the woods. **For children ages 3 to 7. \*\***

Saturday, August 19 at 11:00 AM

## **WOODS WALK: NATURE GUIDE'S CHOICE**

Join a guided nature walk through the woods. **No registration required.**

Wednesday, August 23 at 10:30 AM

## **SENIOR STROLL**

Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. **For adults only. \*\***

Wednesday, August 23 at 6:30 PM

## **BIRD WALK FOR KIDS**

Take a walk to look for birds in the woods. **For children ages 8-12. \*\***

Saturday, August 26 at 10:30 AM

## **MONARCH TAG AND RELEASE**

Learn how monarch butterflies are tagged and recorded for research, then release them for their journey south. **For adults and children ages 10 and older. \*\***

Saturday, August 26 at 2:30 PM

## **BIRDING 101: CLASS #8**

Why do birds migrate? Learn which species to look for as they prepare for their long journey south. **For adults and children ages 8 and older. \*\***

## Remember Reinstein in Your Will

Did you know that you can designate a percentage of your life insurance or 401k as a gift to Reinstein? Consider Friends of Reinstein Woods when planning bequests in your estate papers. Help us to continue to share the beauty of Reinstein Woods with future generations. For more information, contact Stefanie Ecker at (716) 432-0397 or [stefanie.a.ecker@gmail.com](mailto:stefanie.a.ecker@gmail.com).



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