# The Lily Pad



The Newsletter of Friends of Reinstein Woods

Share In Nature's Harmony

Winter 2015 / 2016

## **Holiday Party** Saturday, December 12 at 1 p.m.

Enjoy a hot lunch, free snowshoe and ski rentals, crafts for kids and good conversation with fellow Friends of Reinstein members at the annual

holiday party! Santa pays a special visit around 2 p.m. so bring your kids or grandkids!

Friends provide soup and chili, bread and salad. Members are asked to bring a dessert or appetizer to share. To register, call 683-5959 or email your name, number of adults/ kids in your party, and if you will bring a dessert or



appetizer to: reinsteinwoods@yahoo.com.

## **Holiday Gift Ideas: Reinstein Woods Calendar and More!**



Looking for a present for that hard-to-shop for nature lover? A beautiful 13-month calendar featuring scenes from Reinstein Woods is now available for \$10! Pick one up at Reinstein Woods, and don't forget to browse for other great gifts like t-shirts and wine glasses, as well as stocking-stuffers like field guides, sticker books and Smencils. You can also make a donation in honor of someone by visiting:

http://reinsteinwoods.org/donate/donatesecurely-online/ or purchase a membership online http:// reinsteinwoods.org/learn/membership/.

The Education Center is open Monday through Friday 9 a.m. to 4:30 p.m. and 1 p.m. to 4:30 p.m. on Saturdays through Christmas Eve. Thank you for your support!

Friends of Reinstein **Board of Directors** 

Terrence Boyle Vice-President

Dan Carlson

Stefanie Ecker

Michael Gettings, President

Denine Jackson

Jeremy Oczek

Charles Rauch, Secretary

Lori Stilwell

Vinod Suchak Treasurer

**DEC Representative** Meaghan Boice-Green

Friends Liaison Michael Adriaansen

Office Manager Ann Murphy

**Newsletter Editor** Joan Beaton Scott

#### **Woods Notes: A message from the President**

This article is a review of several events and some personal thoughts. A big thank you to Linda Arndt and all her volunteers for a very successful and fun-filled evening at this year's Nature's Gathering!! Thanks as well to all the Friends board members who contributed. Job well done.



As the "fall" weather seems more spring like, remember that the time for snowshoeing and cross-country skiing at Reinstein Woods is right around the corner. Get ready for some outdoor fun, and consider volunteering to help on weekends!

Hats off to Meaghan and her staff/ interns for another great year at Reinstein Woods. Their dedication and efforts are always top notch

and add something special to the Western New York community.

After our home computer crashed this weekend, losing all our data, including family/travel photos, all e-mail addresses and important documents, I realized that it's not the end of the world. (You understand I'm writing this long hand!!) After several days I've come to realize the pleasure of less "clutter" and more simplicity in my life.

With that in mind, to all our "Friends": Happy Thanksgiving, enjoy the holidays with those you love and do things that matter!!

- Michael Gettings, President

#### Save the Date for Winter Wonderland!

Saturday, February 6, 2016 1 p.m. to 4 p.m.

Join us for Reinstein Woods' annual winter open house!

- Try snowshoes or cross-country skis for free
- Go on a winter scavenger hunt
- Enjoy ice fishing demonstrations
- Make snow art, nature crafts and more!

Refreshments will be for sale. No registration required. Check http://reinsteinwoods.org/ for periodic event updates or call Reinstein Woods 683-5959.



Contact Friends of Reinstein Woods

Reinsteinwoods @yahoo.com

716-683-5959

Hours of Operation Education Center M - F 9 am - 4:30 pm Sat. 1 pm - 4:30 pm

#### Year in Review

It is tradition for Friends of Reinstein to hold a membership meeting in October, the end of our fiscal year. In mid-October about 40 people gathered to hear about our accomplishments in 2014-2015 and enjoy an entertaining "Far Side II" presentation by Dr. Wayne Gall.

We thanked Linda Arndt for nine years of service on the board of directors. A decade ago Linda became interested in Reinstein Woods because of her love of birding, and quickly signed on as a Friends member. She has been active with fundraisers since the first "Tastes at Twilight" event in 2006. During her nine years on the board of directors, she served for several years as Vice-President and one year as President.

Her dedication to Reinstein Woods is laudable: although Linda is leaving the board of directors, she will be continuing to serve on the fundraising committee. Thank you Linda!

Dan Carlson and Charles Rauch were re-elected to the board of directors, and Lori Stilwell and Jeremy Oczek were newly elected to the board. Lori had been appointed to the board earlier in 2015 to replace Deborah Bach, who left the board when she took a job out of state. Active with the fundraising and finance committees, Lori is the Director of Information Technology for Erie County.

Jeremy Oczek is an attorney with Bond, Schoeneck and King. He has enjoyed attending several fall festivals with his wife and two daughters and is looking forward to getting more involved at Reinstein Woods.

Members heard about accomplishments over the past year, including the success of Friends' fundraisers, the establishment of the Pat Taeger Memorial Field Trip Fund, and the variety of member programs that were offered over the past year. If you would like to donate to the Pat Taeger Memorial Field Trip Fund please visit: http://reinsteinwoods.org/donate/ftf/



Center Director Meaghan Boice-Green presents Linda Arndt with a certificate of appreciation.

Center Director Meaghan Boice-Green shared information about programs sponsored by Friends of Reinstein, including the growth of the Day in the Life of the Buffalo River, a new project to control an invasive plant at Reinstein Woods, and a successful Earth Day clothing drive that recycled more than five tons of clothing collected in Buffalo Public Schools. The evening also touched on continued partnerships that are bringing nature to more and more children and families in Western New York.



## Playing With Books, Sweetheart Snowshoe Walk and Other Fun Winter Programs!

The Reinstein Woods Winter Program Schedule offers something for people of all ages. The program schedule is located in the back of the newsletter. Be sure to call (716) 683-5959 and register soon!

## **Learn to Cross-Country Ski for Members** Saturday, January 16 at 10:00am

Learn the basics of cross-country skiing before going on a short guided ski tour. No charge for ski rental, but our sizes are limited. **Registration required; call 716-683-5959 to sign up.** 

### **Snowshoe and Cross-Country Ski Update**

#### Have you been looking for a way to contribute to the Friends?

We have just released information on dates and rates for our winter rental season, and we are looking for volunteers to assist with passing out snowshoes and cross-country skis on weekends starting in January. Training is provided, and this is a great way to help the Friends while hanging out with other volunteers!

Help is needed between 1:00 and 4:30 p.m. on Saturdays and Sundays. If you are interested in helping, email reinsteinwoods@yahoo.com or call Reinstein Woods at 683-5959.

#### **Rental Hours**

**Monday through Friday:** 9 AM – 4:30 PM

**Saturdays:** 1:00 PM – 4:30 PM

**Some Sundays:** 1 PM – 4:30 PM January 17, 24, 31

and February 14, 21, 28. Closed on State Holidays

### **Rental Pricing**

One renter from each party must be at least 16 years old and leave their driver's license or non-driver photo ID at the reception desk.

Credit cards accepted for sales of \$10 or more Cash only on Sundays

Cross-country ski rentals: \$8/pair

Snowshoe rentals: \$5/pair Infant/Toddler Sled: \$5



#### FRIENDS OF REINSTEIN WOODS MEMBER DISCOUNT:

Friends member receive **one free rental** per year and pay a reduced rate for additional rentals: \$5 for cross-country skis and \$2 for snowshoe rentals. Friends of Reinstein members must show their membership card to receive the



### **Christmas Bird Count For Kids!**

Saturday, January 9, 2016

A great way to introduce kids to birding and escape the post-Christmas blahs! Small teams of kids compete to see who can find the most birds on 90-minute hikes at Reinstein Woods and other nearby sites. Afterward, teams return to Reinstein Woods to share their discoveries and enjoy a pizza lunch! A great opportunity for scout troops, families, and neighborhood friends! Binocular instruction and lunch provided. Register on-line by visiting: <a href="http://reinsteinwoods.org/cbc4kids/">http://reinsteinwoods.org/cbc4kids/</a> or call 683-5959 for more information.

### Recipe For a Water Adventure!

More than 280 kids spent a morning testing water quality, sampling invertebrates and learning about environmental careers during the 2015 Day in the Life of the Buffalo River, which was held in October.

This program is designed to celebrate the Buffalo River system and educate participants on the uniqueness of our local water resources. The event is coordinated by the Friends of Reinstein Nature Preserve. Many local environmental groups are teamed with students at various sites along the Buffalo River. Together they create a day-inthe-life picture of the river from the headwaters in North Java to the mouth at Lake Erie.

Several local schools collect data at sampling sites along the Buffalo River and its three tributaries: Buffalo Creek, Cayuga Creek and Cazenovia Creek. At each site participants observe and document several parameters on the river. Groups share their results, gaining a better understanding of



Students collecting water samples from the Buffalo River

this historic and vital river system. Data and resources are provided here for your use. Please join us on a virtual exploration of the Buffalo River!

This event is held once a year in the early fall and is designed for middle and high-school students. If you are interested in having your class participate, please contact Reinstein Woods Nature Preserve at 716-683-5959 or reinsteinwoods@yahoo.com.



#### **Got Furniture?**

We could use a dresser, night stand, clothing rack and lamp for the intern house. If you are interested in making a donation, please call 683-5959 or email info@reinsteinwoods.org. Thank you!

## **Support Reinstein Woods While Holiday Shopping!**

If you shop online at Amazon, you can designate Friends of Reinstein Woods as your official charity. Your prices stay the same, but Amazon will donate 0.5% of the cost of all your future purchases to the Friends of Reinstein Woods. You only need to sign up once and the process takes less than 30 seconds. To sign up, visit http://reinsteinwoods.org/donate/amazon-smile-program/. Thank you for your support!



#### Thank You Donors!

We have had many, many people donate in memory of loved ones who passed away within the last few months. We are grateful to everyone who donated in memory of: Jane Albrecht, Patricia Taeger, and Grace and Joseph Losi. Jane and Pat were dedicated volunteers, as was the late Peter Losi, son of Grace and Joseph Losi.

#### In Memory of Jane Albrecht:

Dorothy Rizzo and Ken Schmidt Thomas Schuler Thursday Couples Club of Cheektowaga

## In Memory of Grace & Joseph Losi:

Dennis and Evelyn Adams Robert and Joan Barry John and Diane Betz Gary and Sheila Billingsley Robert and Karen Billingsley Paul and Beverly Brown Frank Ferro James and Linda Halt Michael Panzica Jack and Kathleen Patterson Charles and Barbara Putzbach Fay and Beverly Roe Robert and Michele Scott Roger and Judith Walter

#### In Memory of Pat Taeger:

New York Chiropractic College (on behalf of Vicki Baroody)
Scott, Jackie and Michael Baroody
Brenda Baroody and Tom Carr
Mary Anne Desiderio
Angelo DiLoro
Noreen Ehlert
Norma English
Jonathan and Genevieve Federick
Scott and Meaghan Green

Dennis and Nancy Kane
Dr. and Mrs. Edward Kucio
Ron and Jerry McMahon
John and Carol Marrano
Linda McCall and Sol Motola
George and Eleanor Narby
Brian and Mary O'Herron
Mary Margaret Krill Palmer and James Palmer

Mary Maryaret Killi Falliler and James Fallil er John and Elizabeth Preble

John and Elizabeth Preble
Michael and Rosemary Rataczyk
Michelle Sanner
Bernard and Suzanne Slisz
Edward and Bonita Salem
C. Michael and Suzanne Taeger
C. Michael Taeger
Wally and Josephine Wilk

Additionally, we would like to thank the following who donated since the last newsletter:

- Carol Milsom for donating binoculars
- Katherine Spengler and Microsoft for donating to "Spring It On"
- The Family of Ernest and Beverly Kiefer for donating a bench
- Angie DiLoro for donating a bench
- Ron Dekanski, Stephen Wieczorek & Martha McLaughlin for cash donations

Thank you for your continued support of Reinstein Woods!

## Nature's Gathering: An Exceptional Evening!

On November 14, our supporters enjoyed an exceptional evening at *Nature's Gathering: An Evening of Art, Wine, Craft Beer and Cheese*. We wish to thank all of the artisans and volunteers who donated their time to the event, as well as to the breweries, wineries and companies that donated to make this event successful.

Special Thanks to:

Big Ditch Brewing Co. Midnight Run Wine Cellars Rich Products Corporation

Lake Ontario Winery & Vineyards Rusty Nickel Brewing Co.

Yancey's Fancy, Inc.

Long Cliff Winery

Camellia Meats

A Gust of Sun Winery & Vineyard B&B Liquors Cordially Yours Wines and Spirits Honeymoon Trail Winery Karen Smith

Key Liquors Let's Do Wine Liberty Vineyards Merritt Winery Sparkling Ponds Winery Universal Liquors & Wine Village Liquor Store Willow Creek Winery

## Winter 2015 / 2016 Programs

**PLEASE NOTE:** Registration is required for ALL programs unless otherwise indicated. Dress for the weather! In the event of inclement weather, outdoor programs may be canceled. We regret that we cannot accommodate organized youth/civic groups at these programs. Please call to make alternate arrangements for your organization. Programs are free of charge unless otherwise noted. **For further information or to register, call Reinstein Woods at 716-683-5959.** 

We welcome those who have any type of physical challenge to all of our programs. If you call ahead to let us know your needs, we will be happy to learn how we can serve you.

#### **AFTER SCHOOL ESCAPE**

Thursdays, December 3, 10, and 17 from 4:30-5:30 PM Together, kids and their parents or caregivers can enjoy a different, fun, hour-long outdoor activity each week. For children in grades K through 5. No registration required.

Saturday, December 5 at 10:00 AM

#### **PLAYING WITH BOOKS**

At this workshop, explore artful ways to recycle your favorite old books and calendars into beautiful, useful objects. For adults and kids ages 10 and older. Materials fee \$3/person; free for Friends of Reinstein Woods members.

Saturday, December 12 at 10:30 AM

#### INTRODUCTION TO GEO-CACHING

Participants will learn how to use a Global Positioning System (GPS) unit used in the popular treasure hunting game called geo-caching. Using handheld GPS units, we will find geocaches containing a surprise and clues to solve nature mysteries. For adults and children ages 8 and older.

#### FRIENDS OF REINSTEIN WOODS EVENT

Saturday, December 12 from 1:00 to 4:00 PM

#### **HOLIDAY PARTY**

Friends of Reinstein Woods members will celebrate the beauty of winter at their annual holiday gathering. New members are welcome! Registration required; call 716-683-5959 to sign up.

Saturday, December 19 at 10:30 AM

#### STORIES IN THE WOODS

Enjoy hearing a seasonal nature story, followed by a guided walk in the woods. For children ages 3 to 7.

Saturday, December 26 at 10:30 AM

#### AFTER THE HOLIDAY BLUES WINTER WALK

Had your fill of holiday celebrations? Get outside for a refreshing walk in the woods! We will use snowshoes if there is enough snow. **Snowshoe rental \$5/person**; **\$2/person for Friends of Reinstein Woods members.** 

Tuesday, December 29 at 10:30 AM

#### **SNOWSHOEING 101**

Learn the basics of snowshoeing before going on a guided snowshoe walk. Snowshoe rental \$5/person; \$2/person for Friends of Reinstein Woods members.

Tuesday, December 29 at 1:00 PM

#### **FAMILY SNOWSHOE WALK**

Bring the family out for a fun walk on our snowy trails as we look for signs of wildlife. Snowshoe rental \$5/person; \$2/person for Friends of Reinstein Woods members.

Wednesday, December 30 at 10:30 AM

#### WINTER WILDLIFE SNOWSHOE WALK

Look for signs of who is out and about in the winter woods, and discover how animals survive the cold. Snowshoe rental \$5/person; \$2/person for Friends of Reinstein Woods members.

#### **JANUARY**

#### **AFTER SCHOOL ESCAPE**

Thursdays, January 7, 14, 21 and 28 from 4:30-5:30 PM Together, kids and their parents or caregivers can enjoy a different, fun, hour-long outdoor activity each week. For children in grades K through 5. No registration required.

Saturday, January 2 at 10:30 AM

#### FROZEN FOREST SNOWSHOE WALK

Explore the beauty of winter woods and learn how to identify local trees in winter on this guided walk. Snowshoe rental \$5/person; \$2/person for Friends of Reinstein Woods members.

Sunday, January 3 at 10:00 AM

#### LEARN TO CROSS-COUNTRY SKI

Learn the basics of cross-country skiing before going on a short guided ski tour. Ski rental \$8/person; \$5/person for Friends of Reinstein Woods members.

Saturday, January 9 at 9:00 AM

#### CHRISTMAS BIRD COUNT FOR KIDS

A great way to introduce kids to birding and escape the post-Christmas blahs! Teams of kids compete to see who can find the most birds on 90 -minute hikes at Reinstein Woods and other nearby sites. Binocular instruction and lunch provided. For more information, call 716-683-5959. Register online at: reinsteinwoods.org/cbc4kids/

Saturday, January 16 at 10:30 AM

#### **FAMILY SNOWSHOE WALK**

Bring the family out for a fun walk on our snowy trails as we look for signs of wildlife. Snowshoe rental \$5/person; \$2/person for Friends of Reinstein Woods members.

## Winter 2015 / 2016 Programs

PLEASE NOTE: Registration is required for ALL programs unless otherwise indicated. For further information or to register, call Reinstein Woods at 716-683-5959.

Saturday, January 16 at 2:30 PM

#### BIRDING 101: CLASS #1

Join us for a bird identification adventure. This program will help you identify common birds and learn how to properly use binoculars. **For adults only.** 

## SUNDAY SNOWSHOE & CROSS-COUNTRY SKI RENTAL

#### January 17, 24, and 31 from 1:00-4:30 PM

Weather permitting, Friends of Reinstein Woods will offer rentals on these additional dates on a first-come, first-served basis. See www.reinsteinwoods.org/explore/hours for more details.

Saturday, January 23 at 10:30 AM

#### STORIES IN THE WOODS

Enjoy hearing a seasonal nature story, followed by a guided walk in the woods. For children ages 3 to 7.

Saturday, January 30 at 10:00 AM

#### LEARN TO CROSS-COUNTRY SKI

Learn the basics of cross-country skiing before going on a short guided ski tour. Ski rental \$8/person; \$5/person for Friends of Reinstein Woods members.

#### **FEBRUARY**

#### **AFTER SCHOOL ESCAPE**

Thursdays, February 4, 11, 18 and 25 from 4:30-5:30 PM

Together, kids and their parents or caregivers can enjoy a different, fun, hour-long outdoor activity each week. For children in grades K through 5. *No registration required.* 

#### WINTER WONDERLAND IN THE WOODS

#### Saturday, February 6 from 1:00 to 4:00 PM

Discover the woods in winter! Try out snowshoes or cross-country skis for free, go on a winter scavenger hunt, and make snow art. Enjoy ice fishing demonstrations, winter crafts for kids, and more! Refreshments for sale. For more information, visit www.reinsteinwoods.org or call 716-683-5959. *No registration required.* 

#### Saturday, February 13 at 10:30 AM

#### SWEETHEART SNOWSHOE WALK

Celebrate Valentine's Day by taking a walk in the woods with your sweetheart. Snowshoes will be available if there is enough snow. Snowshoe rental \$5/person; \$2/person for Friends of Reinstein Woods members.

## SUNDAY SNOWSHOE & CROSS-COUNTRY SKI RENTAL

#### February 14, 21, and 28 from 1:00-4:30 PM

Weather permitting, Friends of Reinstein Woods will offer rentals on these additional dates on a first-come, first-served basis. See www.reinsteinwoods.org/explore/hours for more details.

#### Wednesday, February 17 at 10:30 AM

#### WINTER NATURE PLAY

Bring the kids out for some fun in the snow! Play nature games, build snow sculptures, and go on a scavenger hunt on this guided experience. For children ages 4-8.

#### Thursday, February 18 at 10:30 AM

#### LEARN TO CROSS-COUNTRY SKI

Learn the basics of cross-country skiing before going on a short guided ski tour. Ski rental \$8/person; \$5/person for Friends of Reinstein Woods members.

#### Friday, February 19 at 1:00 PM

#### TRACK AND SCAT SNOWSHOE WALK

Come investigate our trails for animal tracks and scat, and learn about wildlife living in the woods. Snowshoe rental \$5/person; \$2/person for Friends of Reinstein Woods members.

#### Saturday, February 20 at 10:30 AM

#### STORIES IN THE WOODS

Enjoy hearing a seasonal nature story, followed by a guided walk in the woods. For children ages 3 to 7.

#### Saturday, February 20 at 2:30 PM

#### BIRDING 101: CLASS #2

Join us for a bird identification adventure. This class is a continuation of class #1 in January, but new participants are welcome. **For adults only.** 

#### Saturday, February 27 at 10:30AM

#### **DIY RAIN BARRELS**

Learn how to make your own rain barrel to catch spring rain for the growing season. Bring your own plastic garbage can with lid (at least 30 gallon or larger). Rain barrel diverter kits available for sale at this program. **For adults only.** 

#### Sunday, February 28 from 1:00- 4:00 PM

#### AMHERST DAY AT REINSTEIN WOODS

Escape your cabin fever by enjoying winter activities like snowball throwing and snow art, or renting snowshoes or cross-country skis. Light refreshments available for sale. Town of Amherst residents: show I.D. for free snowshoe or ski rental courtesy of Amherst Youth & Recreation Department. *No registration required.* 

### **ESTATE PLANNING?**

Consider the Friends of Reinstein Woods when planning bequests in your estate papers. Help us to continue to share the beauty of Reinstein Woods with future generations. For more information, e-mail Reinsteinwoods@yahoo.com or call Friends of Reinstein at (716) 683-5959.



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