

The Lily Pad

The Newsletter of Friends of Reinstein Woods

Summer 2016



Share In Nature's Harmony

Get Your Nature On!

A message from the President

I've noticed recently an increase in nature-related media, including National Geographic's issue "The Power of Parks" and the PBS documentary regarding our National Parks. In my opinion, Reinstein Woods, although not national, can be described as WNY's "Natural Park." As noted in the National Geographic issue, "When we get closer to nature - be it untouched wilderness or a backyard tree- we do our over-stressed brains a favor." Reinstein Woods is your backyard wilderness- do your brain a favor and enjoy nature.

To learn how to enjoy more nature in your own backyard, you can come to Lyn Chimera's informative talk on the benefits of using native plants in your landscaping on Sunday, May 22 at 11 a.m. at Reinstein Woods' Education Center.



To help ensure Reinstein Woods offers quality nature experiences well into the future, you can support the Friends of Reinstein Basket Raffle on Saturday, June 11 from 5 to 8 p.m. Admission includes a chance to win a \$250 gift certificate and a Reinstein float (birch beer with maple walnut ice cream!). You can read more details by visiting: <http://reinsteinwoods.org/events/reinstein-woods-basket-raffle/>

To conclude, I asked Hope, my 7 year old granddaughter, to help with this article and she typed:

"What I like About Reinstein Woods:

I like about Reinstein woods is Brittany is helpful and kind and she always brings a first aid kit [to camp] in case a kid gets hurt. I also like the camp because Brittany is always there. I like when we go on walks and see the animals. I like to see the deer and the fish, snakes and the tree that smells like peppermint. The End"

- Mike Gettings

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Earth Day in May - I Love My Park Day a beautiful day in the Woods!

Thank you to everyone who participated in the Earth Day in May and I Love My Park Day event! More than 110 volunteers planted trees, helped us move a wildlife garden, or removed trash and invasive species as part of the Cache In, Trash Out event. Special thanks to volunteers Linda Arndt, Ann Keller and Charlie Ferguson who helped lead activities. We hope to see you all at next year's event!

*Right: Naturalist Intern, Marcus, planting wildflowers.
Below: Group of Volunteers*



Contact
Friends of
Reinstein Woods

Reinsteinwoods@yahoo.com

716-683-5959

Hours of Operation
Education Center
M - F 9 am - 4:30 pm
Sat. 1 pm - 4:30 pm

"Woods Walks" Premiere this Summer

Starting in June, trained volunteers or staff will lead a no-registration required "Woods Walk" at 11 a.m. on the first and third Saturday of each month. These walks will sometimes feature a theme focusing on a certain topic such as birds or insects. Other walks will be "Nature Guide's Choice" and may cover a range of wild discoveries at Reinstein Woods.



Tour Guide Leading Walk

Participation in the Saturday 10 a.m. public tours (which didn't require registration) has dropped off in recent years. After discussions with the volunteers who lead most of these tours, we feel these changes will better serve our visitors. Check the summer program schedule for Woods Walk topics, and bring a friend to one of these summer strolls!

Ingram Micro Supports Science Program

A generous donation from Ingram Micro will help students and teachers "gear up" for the 2016 Day in the Life of the Buffalo River, happening September 29, 2016.

As schools put more emphasis on STEM education (Science, Technology, Engineering and Math), the Day in the Life program provides students with a chance to experience what real scientists do in the field. Students collect scientific data along the Buffalo River and its major tributaries on a single day, creating a "snapshot" of the watershed at one point in time. At each sampling site, partners from government and non-profit organizations introduce the kids to a variety of careers helping to protect our water resources.

"This donation enables us to buy scientific supplies and equipment that will enhance the students' experience at the river," said Day in the Life Coordinator Brittany Rowan. "We are grateful to Ingram Micro for helping us provide this STEM experience for area students." To learn more about this program, please visit: <http://reinsteinwoods.org/dayinthelife/>



DEC Biologist Testing Water Quality



Camper Collecting Animals from a Stream

Junior League Grant Provides Summer Experience

Each year Reinstein Woods Educator Mike Adriaansen recruits about two dozen teens from urban, underserved neighborhoods to attend Camp Rushford, an environmental education summer camp in Allegany County run by the NYS Department of Environmental Conservation.

The children spend a week immersed in hands-on learning and fun, discovering the wonders of field, forest, and pond, as well as studying the impact of humans on the environment. They learn science, solve challenges, play games, keep a journal, catch salamanders, net butterflies and discover the interconnectedness of life on earth.

"The camp experience is often unlike anything these kids have experienced before," said Mike Adriaansen. "It helps them gain confidence and a greater understanding of the world we live in."

While DEC and Friends of Reinstein cover the cost for the teens to attend the camp, transportation remains a barrier. Friends of Reinstein is excited to have received a grant from the Junior League of Buffalo to provide bus transportation for the children attending camp this summer.

Earth Day Appeal Underway

Every year around Earth Day (April 22), Friends of Reinstein asks for support to continue programs that connect children and adults to nature through its Earth Day Appeal. We would like to thank all of the donors who have given generously to this year's appeal so far. Donating to Friends of Reinstein provides opportunities for students, teachers and the general public to share in nature's harmony. To donate, please visit: <http://reinsteinwoods.org/donate/earthdayappeal/>

New Residents at Reinstein Woods

Meet Clementine and Clover, Reinstein Woods' newest permanent residents! After their owner passed away, these turtles were found under a rug in a home in Clarence. Because both of these turtles are native to New York State, it is illegal to possess them without a permit. Because they had been living in captivity for an unknown period of time, it was not safe to release them into the wild. Thus Reinstein Woods adopted them to serve as ambassadors for their species.

Clover is a female painted turtle. (To identify the sex of a turtle, look at the shape of the bottom shell—flat for females; concave for males).

Named for the yellow and red markings on their head, legs and edge of their shell, painted turtles are the most common turtle at Reinstein Woods. The lower shell of Clover has a dark central blotch, which indicates she is a subspecies called the Midland painted turtle. (The Eastern painted turtle has no mark).

On a walk through Reinstein Woods, look for “shiny black rocks” on logs laying in Lily Pond and Green Heron Pond. Those “rocks” are actually painted turtles basking in the sun. Sometimes the turtles will stack right on top of each other!



Clementine the Wood Turtle

Clementine is a wood turtle. Wood turtles take their name from their preferred woodland habitat, as well as the prominent rings (annuli) on their back that remind some of wood. These colorful turtles spend most of their time wandering the woods along the edge of streams, searching for berries, mushrooms, insects, worms, and small aquatic creatures to eat.



Clover the painted turtle swimming in her aquarium

Wood turtles are a Species of Special Concern in New York State. “Special Concern” means an animal could become threatened or endangered in the future due to several factors. In the case of wood turtles, habitat destruction is a major concern. Records from the herp atlas, an effort to identify where reptiles and amphibians live in New York State, indicate that wood turtles are uncommon in most of Western New York, but have a broader distribution downstate.

And be sure to stop by the Reinstein Woods' classroom to meet Clementine and Clover on your next visit to Reinstein Woods!

Support Reinstein Woods While Shopping!

If you shop online at Amazon, you can designate Friends of Reinstein Woods as your official charity. Your prices stay the same, but Amazon will donate 0.5% of the cost of all your future purchases to the Friends of Reinstein Woods. You only need to sign up once and the process takes less than 30 seconds. To sign up, visit <http://reinsteinwoods.org/donate/amazon-smile-program/>. Thank you for your support!



Spots Still Open for Kids in the Woods Summer Day Camp



Kids in the Woods Campers

There are still a few spots open in Reinstein Woods' summer day camps, including the new *Junior Naturalists Camp*, an exciting 3-day camp for the budding scientist, artist or outdoor enthusiast in grades 7 to 9!

Additionally, the *Summer Science Safari* offers a traveling camp experience for kids age 8 to 13. For more information and registration forms for all of our summer camp options, visit www.reinsteinwoods.org and search "kids in the woods" or call (716) 683-5959.

Spring It On Donors support Pat Taeger Field Trip Fund

Friends of Reinstein Woods like to extend a heartfelt thank you to donors who gave to Reinstein Woods through the United Way's *Spring It On!* fundraising campaign. Donors gave more than \$1100 to support the Pat Taeger Field Trip Fund, which provides funding for special education and alternative education programs to visit Reinstein Woods.

Pat Taeger was a dedicated Reinstein Woods volunteer who passed away in 2015.



Pat Taeger

The Friends of Reinstein Woods Welcomes its New Members

Mary Baginski
Ann Beckley-Forest
Mary Beckly-Clark
Randolph Bogdan
Anne Bond
Julie Bumgarner
Vassilia Cervi
Frank Cullinan
Jennifer Daunce
Liza Franz
Michael & Stephanie Frasca
Timothy & Cheryl Fuller

Mary Alice Garlipp
Lois Grady
Sydney Hafner
Lenora Henson
Thomas Kielb
Lisa Laske
Ashirah Lazaruz-Klein
Joan Linder
Linda Lohr
Teri Manna
Eileen Marso
Neil O'Donnell

Elizabeth Oldfield
Cynthia Perry
Thomas Pietrus
Lindsey Powers
Susan Prusiecki
Tom & Summer Przybylak
Amy Sands
Barb Smith
Steven & Jeanine Szumigala
Dave & Kelly Tyler
Beth Wales
Anne Wechsler

Thank You Donors!

Friends of Reinstein wishes to extend a heartfelt thank you to donors who have contributed this spring. Your donations will enable Reinstein Woods to continue sharing nature's harmony with children and adults.

2016 Earth Day Appeal

Marilyn Gross
Donna Michael

Cottonwood Level:

Valerie Antos
Gasper Aronica
Irene Benbenek
Lee & Mary Boice
Kathy Halter
Dennis and Becky Kaniecki
Tom & Sue Lawson

Gary & Maria Michalski
Barbara Niehus

White Ash Level:

Peter & Teresa Corrigan
Gary Degener
Mike & Carol Gettings
Williams Heather
Edward & Kate Martin
Thomas Stoll
Katherine Wryk

Yellow Birch Level:

Kevin & Joan Kumor
Tom & Andrea Mudd Sr.

Black Walnut Level:

Linda Arndt
Dave & Alice LaGraves
Scot & Karen Smith

Sugar Maple Level:

Scott and Meaghan Green
Mary Losi

Memorial Donations

In Memory of Joseph and Grace Losi

Dennis and Evelyn Adams
Robert and Joan Barry
John and Diane Betz
Gary and Sheila Billingsley
Robert and Karen Billingsley
Paul and Beverly Brown
Frank Ferro
James and Linda Halt
Mary, Lora and Jan Losi
Mary Losi
Michael Panzica

Jack and Kathleen Patterson
Beverly Roe
Charles and Barbara Putzbach
Robert and Michele Scott
Roger and Judith Walter

In Memory of Jane Albrecht

International Society of Automation
Dorothy Rizzo
Ken Schmidt
Thomas Schuler
Thursday Couples Club of Cheek-towaga

In Memory of Tom Schuler

Ed Albrecht
Ann Duquin
Robin Ersing
Therese Klinck-Stahl
Kristen Kelsey
Franklin and Kathleen Kubiak
Ronald Schreiber
Thursday Couples Club of Cheek-towaga

Spring It On! Donors

Gasper Aronica
Sue Banchich
Jennifer Bennett
Meaghan Boice-Green
Angela Brock
Cheryl Buechi
Victor Carson
Henry Ciesla
Phyllis Dennis
Brittany DiLeo

Angela DiLoro
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Gale Persil
Thomas Persil
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Helen Roche
John Rosenberg

Kristen Rosenberg
Brittany Rowan
Thomas Rowan
Alfred Runkel
Joan Scott
Arthur Soyk
Vinod Suchak
Anne Tryjankowski
David Valley
Carol Vaughan
Tom Wiggins
Ginger Wszalek

New Members at the Donor Level and Higher:

Donor:

Thomas Pietrus
Steve Kondrak
Michele Sanner
Gary Steils
Thomas Stoll

Contributors:

Robert Dukarm & Family
Edwin P. Hart
Dave & Joyce Hodgson
Andrew Moon
Jeremy & Sally Occek

Benjamin Sackmary
Lori Stilwell
Vinod Suchak

Patron:

David Kennedy

Thank you for your continued support of Reinstein Woods!



FRIENDS OF
Reinstein
WOODS

Basket Raffle

Saturday, June 11, 2016

Advance tickets available online at www.reinsteinwoods.org/basket-affle

Grand Prize: \$250 Gift Card to Galleria Mall

**Reinstein Woods
Nature Preserve**

93 Honorine Drive,
Depew, NY 14043
716-683-5959

5-8pm

Basket Drawing at 7:30pm

\$10 tickets

Includes a ticket to the
Grand Prize Raffle
and a "Reinstein Float"

50/50 Raffle

Door Prizes

Pizza and Desserts for Sale

Photo Contest Judging



Summer 2016 Programs

PLEASE NOTE: Registration is required for ALL programs unless otherwise indicated. Dress for the weather! In the event of inclement weather, outdoor programs may be canceled. We regret that we cannot accommodate organized youth/civic groups at these programs. Please call to make alternate arrangements for your organization. Programs are free of charge unless otherwise noted. **For further information or to register, call Reinstein Woods at 716-683-5959.**

We welcome those who have any type of physical challenge to all of our programs. If you call ahead to let us know your needs, we will be happy to learn how we can serve you.

TRAIL TUESDAYS AND THURSDAYS

Every Tuesday and Thursday through August 30 at 6:30 PM

Assist with projects to help maintain and improve ecosystems and trails throughout the preserve. There is something for almost every age and ability to help with!

JUNE

AFTER SCHOOL ESCAPE

Thursdays, June 2, 9, 16, 23 and 30 from 4:30 to 5:30 PM

Together, kids and their parents or caregivers can enjoy a different, fun, hour-long outdoor activity each week. **For children in grades K through 5. No registration required.**

Wednesday, June 1 at 10:30 AM

SENIOR STROLL

Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. Bring a lunch if you want to eat outdoors after the tour. **For adults only.**

Saturday, June 4 at 10:00 AM

VOLUNTEER TREE and PLANT ID PROGRAM

Learn how to identify trees and plants along the trails. This program is for Reinstein Woods volunteers or those who would like to become volunteers. **For adults only.**

Saturday, June 4 at 11:00 AM

WOODS WALK: BIRDS

Join a guided nature walk through the woods as we look for birds. **No registration required.**

Saturday, June 11 at 10:00 AM

STROLLER STRUT

Bring a stroller or wagon and share a sensory exploration of nature with your young child. **For children ages 3 and under.**

Thursday, June 16 at 10:00 AM

STROLLER STRUT

Bring a stroller or wagon and share a sensory exploration of nature with your young child. **For children ages 3 and under.**

Saturday, June 18 at 10:00 AM

JEWELS of the SKY

On this walk, we will search for ebony jewelwings and tiger swallowtails as well as other dragonflies and butterflies that may be in flight.

Saturday, June 18 at 11:00 AM

WOODS WALK: SEASONAL SIGNS

Join a guided nature walk through the woods as we look for signs of the season. **No registration required.**

Monday, June 20 at 8:30 PM

FULL MOON WALK at AMHERST STATE PARK

Look for nocturnal pollinators like moths and bats by the light of the full moon. **Note: This program takes place at Amherst State Park.**

Wednesday, June 22 at 6:30 PM

BIRDING 101: CLASS #6

Summer birds only! Learn why some birds stay just for the summer and which species to look for at this time of year. **For adults only.**

Saturday, June 25 at 10:00 AM

USING NATIVE PLANTS to ATTRACT POLLINATORS

Planting native species is a great way to attract beautiful hummingbirds and butterflies to your yard. Explore which plants might be appropriate for your area and where to find them. **For adults and children ages 12 and older.**

Tuesday, June 28 at 6:30 PM

BIRD WALK for KIDS

Take a walk to look for birds by the ponds and in the woods. Parent or caregiver must accompany child. **For children ages 6 to 12.**

JULY

Every Wednesday from July 6 through July 27 at 6:30 PM

FAMILY NATURE HOUR

Hands-on activities enable families to investigate nature together on a different topic each session. **Please note: This program will be held at the Julia Boyer Reinstein Library at 1030 Losson Road in Cheektowaga. Contact the library at 716-668-4991 to register.**

Saturday, July 2 at 10:00 AM

DRAGONS in YOUR BACKYARD at EVANGOLA STATE PARK

Discover the fascinating lives of dragonflies and damselflies on this guided walk. **Note: This program takes place at Evangola State Park.**

Wednesday, July 6 at 10:30 AM

SENIOR STROLL

Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. Bring a lunch if you want to eat outdoors after the tour. **For adults only.**

Saturday, July 9 at 11:00 AM

WOODS WALK: NATURE PHOTOGRAPHY

Bring your camera and join a guided nature walk woods to take photos of plants and animals. **No registration required.**

Summer 2016 Programs

PLEASE NOTE: Registration is required for ALL programs unless otherwise indicated. For further information or to register, call Reinstein Woods at 716-683-5959.

Tuesday, July 12 at 6:30 PM

ACTION DAY: INVASIVE SPECIES

Join us to help control invasive plants at Reinstein Woods as part of New York State Invasive Species Awareness Week. **For adults and children age 12 and older.**

Thursday, July 14 at 6:30 PM

ACTION DAY: INVASIVE SPECIES

Join us to help control invasive plants at Reinstein Woods as part of New York State Invasive Species Awareness Week. **For adults and children age 12 and older.**

Saturday, July 16 at 10:00 AM

SUMMER WILDFLOWERS

Search for seasonal wildflowers, and learn their uses and folklore. **For adults and children age 8 and older.**

Saturday, July 16 at 1:00 PM

WOODS WALK: NATURE GUIDE'S CHOICE

Join a guided nature walk through the woods. **No registration required.**

Tuesday, July 19 at 10:00 AM

STROLLER STRUT

Bring a stroller or wagon and share a sensory exploration of nature with your young child. **For children ages 3 and under.**

Thursday, July 21 at 10:30 AM

STORIES in the WOODS

Enjoy hearing a nature story, followed by a guided walk in the woods. **For children ages 3 to 7.**

Saturday, July 23 at 10:00 AM

VOLUNTEER POND LIFE and FROG ID PROGRAM

Learn how to identify creatures in our ponds. This program is for Reinstein Woods volunteers or those who would like to become volunteers. **For adults only.**

Tuesday, July 26 at 6:30 PM

BIRD WALK for KIDS

Take a walk to look for birds by the ponds and in the woods. Parent or caregiver must accompany child. **For children ages 6 to 12.**

Wednesday, July 27 at 6:30 PM

BIRDING 101: CLASS #7

Meet the thrush family, some of the most beautiful songsters of the bird world. **For adults only.**

Wednesday, July 27 at 8:00 PM

GOING BATTY!

Bats are amazing animals but are often misunderstood. Separate fact from fiction, and learn about the only true flying mammals.

Thursday, July 28 at 8:00 PM

SECRET LIVES of MOTHS

The night offers a different world of insects that is rarely explored. Join us as we search for moths that are attracted by light and scent.

Saturday, July 30 at 10:00 AM

FAIRY HOUSES at AMHERST STATE PARK

Join a naturalist from Reinstein Woods Nature Preserve in creating a

"house" to attract nature's fairies- butterflies! Once you learn how, you can make one anywhere. **For children ages 5 to 10. Note: This program takes place at Amherst State Park.**

AUGUST

Wednesday, August 3 at 10:30 AM

SENIOR STROLL

Experience nature at your own pace, and enjoy a leisurely guided walk through the woods. Bring a lunch if you want to eat outdoors after the tour. **For adults only.**

Saturday, August 6 at 11:00 AM

WOODS WALK: ANIMAL TRACKS and SIGNS

Join a guided nature walk through the woods to look for tracks and traces of local wildlife. **No registration required.**

Saturday, August 13 at 10:00 AM

SECRETS of the WOODS: SCRATCH and SNIFF WALK

Explore the secret scents of Reinstein Woods on this guided walk.

Thursday, August 18 at 8:30 PM

FAMILY FULL MOON WALK

Join us for a walk under the moonlight and help us spot nocturnal creatures at the Woods.

Saturday, August 20 at 10:00 AM

STORIES in the WOODS

Enjoy hearing a nature story, followed by a guided walk in the woods. **For children ages 3 to 7.**

Saturday, August 20 at 1:00 PM

WOODS WALK: PLANTS TO LIVE and DIE FOR

Join a guided nature walk through the woods to learn about which plants are safe to use and which plants to avoid. **No registration required.**

Wednesday, August 24 from 9:30 AM to 4:00 PM

EDUCATOR WORKSHOP: PROJECT LEARNING TREE

Project Learning Tree is an award-winning environmental education program featuring an interdisciplinary, hands-on curriculum that uses the forest as a window on the world. Activities are correlated to Common Core standards. **For educators of students in grades K to 8.**

Saturday, August 27 at 10:00 AM

OUTDOOR SKILLS

In this program, you will build an emergency shelter from natural materials, and practice navigation and fire-building techniques. **For adults and children age 8 and older.**

Saturday, August 27 at 2:30 PM

BIRDING 101: CLASS #8

Why do birds migrate? Learn which species to look for as they prepare for their long journey south. **For adults only.**

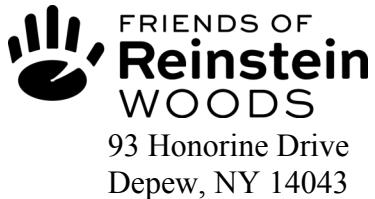
Tuesday, August 30 at 6:30 PM

BIRDWATCHING WALK

Take a guided walk to search for seasonal birds. Bring binoculars if you have them.

ESTATE PLANNING?

Consider the Friends of Reinstein Woods when planning bequests in your estate papers. Help us to continue to share the beauty of Reinstein Woods with future generations. For more information, e-mail Reinsteinwoods@yahoo.com or call Friends of Reinstein at (716) 683-5959.



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